



# The Southern Kenai Peninsula Roadmap for Success in Treatment and Recovery from Substance Use Disorder



## ADDICTION

Signs & Symptoms of Substance Addiction May Include:

- The person takes the substance and cannot stop
- Withdrawal Symptoms
- Addiction continues despite health problem awareness
- Social sacrifices
- Taking risks
- Needs drug to deal with problems

## WITHDRAWAL MANAGEMENT

Withdrawal Management (Detox):  
*Average 3-7 Days \**

Medical interventions to manage symptoms of withdrawal from substances. Withdrawal can be managed by a medical professional in an inpatient or outpatient setting depending on severity.

## INTAKE ASSESSMENT

Intake Assessment:  
*Same Day-2 Weeks\**

Substance Use and Behavioral Health Assessments/Evaluation with a clinician to determine the level of treatment needed for success.

## RESIDENTIAL TREATMENT & SOBER LIVING

Residential Treatment:  
*1-6 months\**

Clinician recommendations may include longer-term, residential treatment that provides 24 hour care in a non-hospital setting.

Sober Living: *Varies*

Sober Living homes bridges the gap between residential treatment facilities & returning home. Sober living offers support in a drug and alcohol free environment.

## OUTPATIENT TREATMENT

Outpatient Treatment: *Varies\**

Outpatient treatment allows a person to remain at home during treatment. Outpatient treatment typically includes individual and group counselling sessions and is tailored to the individual's needs. Also, typically part of recovery after leaving a residential treatment facility.

Medication Assisted Treatment: *Varies \**

Treatment for opioid use disorder that combines behavioral therapy and medications.

## ONGOING RECOVERY SERVICES

Ongoing Recovery Support Services: *Ongoing\**

Services may vary but typically include support groups and 12 Step Programs such as Narcotics Anonymous and Alcoholics Anonymous.

*\*Average length of time to complete the process*



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v. 10/17



## WITHDRAWAL MANAGEMENT

**Homer**  
**South Peninsula Hospital, Emergency Department**  
4300 Bartlett Street  
Homer AK 99603  
907-235-8101

**Ninilchik**  
**Ninilchik Traditional Council Community Clinic**  
Outpatient Detox  
15765 Kingsley Road  
Ninilchik AK 99639  
907-567-3970

**Kenai Peninsula**  
**Care Transitions**  
Withdrawal Management  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521



## INTAKE ASSESSMENT & OUTPATIENT TREATMENT

**Homer**  
**South Peninsula Behavioral Health Services (The Center)**  
3948 Ben Walters Lane  
Homer AK 99603  
907-235-7701

**CICADA**  
*(Cook Inlet Council on Alcohol and Drug Abuse)*  
1230 Ocean Drive  
Homer AK 99603  
907-235-8001

**Ninilchik**  
**Ninilchik Traditional Council Community Clinic**  
Medication Assisted Treatment  
15765 Kingsley Road  
Ninilchik AK 99639  
907-567-3970



## RESIDENTIAL TREATMENT

**Homer**  
No residential treatment options available in Homer

**Kenai Peninsula**  
**Serenity House**  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521

**Anchorage**  
**Salvation Army Clithroe Center**  
907-743-8733

**Chris Kyle Patriots Hospital**  
*(Veterans)*  
1650 Brigaw Road  
Anchorage, AK 99508  
1-800-478-7575

**Dena A Coy**  
*(Pregnant women and women)*  
907-729-5070

**Juneau**  
**Rainforest Recovery Center**  
907-796-8690



## SOBER LIVING

**Homer**  
No sober living facilities available in Homer

**Kenai Peninsula**  
**Central Peninsula Hospital Diamond Willow**  
Long-Term Residential  
245 N Binkley St.  
Soldotna, AK 99669  
907-714-4521

**Freedom House**  
Faith-Based Home for Women  
907-740-8018

**Nuk'it'tun**  
Sober Living Home for Men  
907-398-6935



## ONGOING RECOVERY SERVICES

**24 Hour Mental Health Crisis Management: 911**

**South Peninsula Behavioral Health Services (The Center)**  
Monday-Friday 8:30am-5:00pm:  
907-235-7701

**South Peninsula Hospital**  
After hours, holidays and weekends: 907-235-8101

**The Exchange**  
**Syringe Exchange & Free Narcan Kits**  
1st & 3rd Tuesdays, 5pm-7pm  
203 W. Pioneer Ave  
homereexchange@gmail.com

**Homer Fellowship**  
**Haven House**  
Women's Support Group  
907-235-7712

**Alcoholics Anonymous**  
907-283-5722  
www.aakenaipeninsula.org

**Narcotics Anonymous**  
homerkbna@gmail.com



South Peninsula Hospital



South Peninsula Behavioral Health Services, Inc.

**CICADA**

Cook Inlet Council on Alcohol and Drug Abuse



www.change4kenai.org