



Mobilizing for Action through Planning and Partnerships

Community Themes and Strengths Assessment

MAPP of the Southern Kenai Peninsula, Alaska

June 2016

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Southern Kenai Peninsula Map

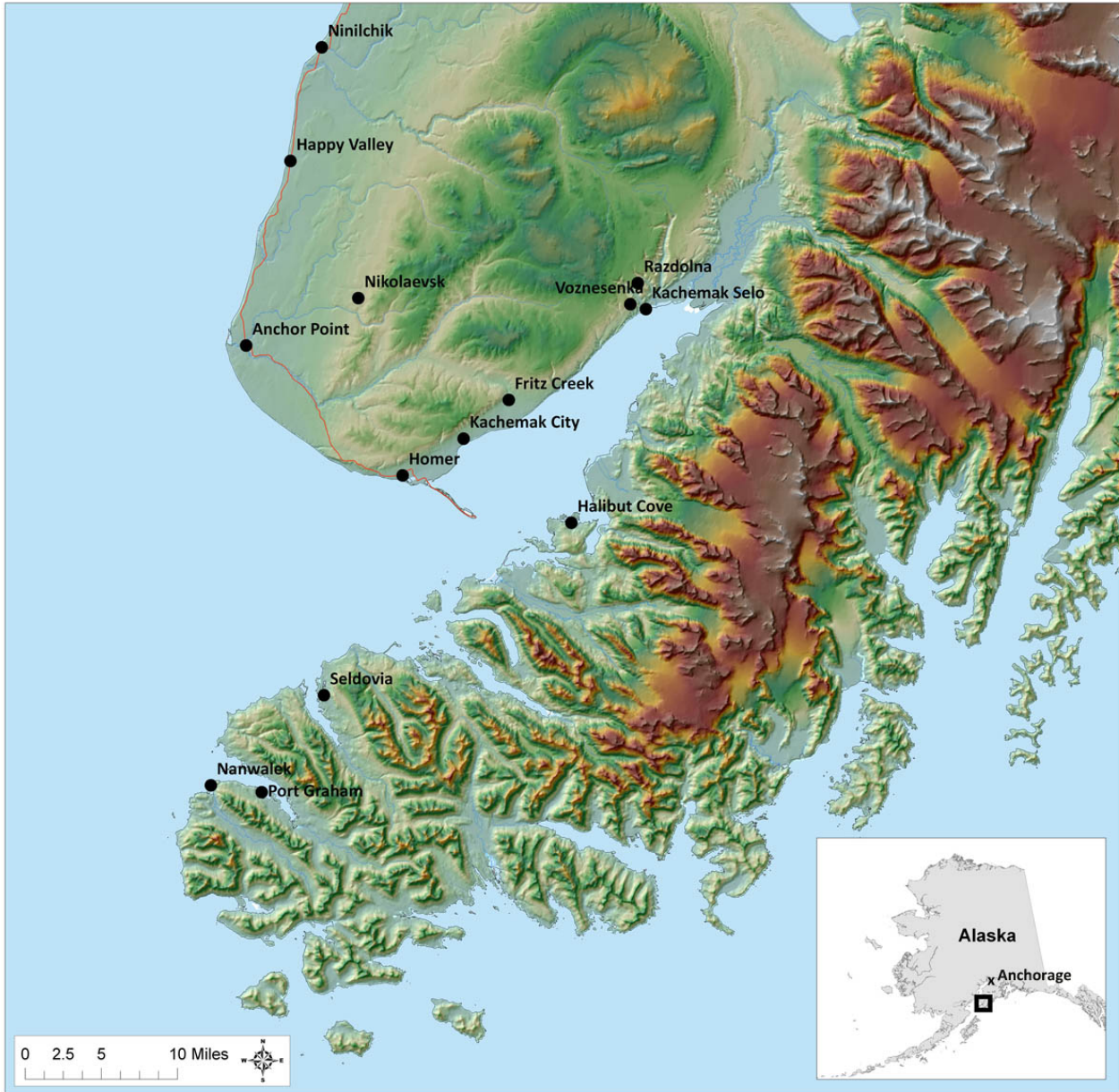


Figure 1. Map of Southern Kenai Peninsula Communities, AK

Acronyms

ACS: American Community Survey (part of the US Census 5-year estimated calculations)

CHIP: Community Health Improvement Plan

CHNA: Community Health Needs Assessment

MAPP: Mobilizing for Action through Planning and Partnerships

SKP: Southern Kenai Peninsula

Community Health Assessment Background

Spearheaded by South Peninsula Hospital in November 2008, over forty organizations gathered in November 2008 to conduct the first collaborative, area-wide Community Health Needs Assessment (CHNA), with the goal of identifying opportunities for health improvement and to serve as a catalyst for community action. The Mobilizing for Action through Planning & Partnerships (MAPP) framework developed by the Centers for Disease Control & Prevention (CDC) and the National Association of City & County Health Officials (NACCHO) was selected to guide the assessment process. Building on the lessons-learned and results from the first and second CHNAs, the third CHNA is composed of the following four separate assessments:

I. Community Themes & Strengths Assessment

Qualitative input from community members to identify the issues they feel are important.

- a. Perceptions of Community Health Survey
- b. Wellness Dimension Focus Groups

II. Community Health Status Assessment

Quantitative community health data (representing cultural, economic, educational, emotional, environmental, physical, social, and spiritual wellness) that identifies priority health and quality of life issues.

III. Forces of Change Assessment

Identifying forces such as legislation, technology, and other impending changes that affect the context in which the community and its public health system operate.

IV. Local Public Health Assessment

A prescribed performance assessment tool collaboratively developed by national public health partners that measures how well different local public health system partners work together to deliver the 10 Essential Public Health Services. This assessment was conducted during the first and third CHNAs, but not during the second.



Figure 2. MAPP Framework Flowchart

Themes are identified from each sub-assessment and compared across all four sub-assessments, thus enabling a holistic review of our community health strengths, needs, and opportunities. Using the combined results/observations from all four sub-assessments, a community process is used to prioritize the opportunities that community members will collaboratively address for the next few years. However, the results from specific sub-assessments can be used independently to inform organizational and community-level opportunities for improvement.

The following responses are the results from the **Community Themes and Strengths Assessment**, which is composed of two separate parts. The **Wellness Dimension Focus Group Discussions** were used to further refine strengths, challenges, and meaningful measures for each of the 8 Wellness Dimensions (cultural, economic, educational, emotional, environmental, physical, social, and spiritual wellness) and the **Perceptions of Community Health survey** was made available to gather community input on broad community health priorities. To view all assessments or additional MAPP of the Southern Kenai Peninsula information, please visit www.mappofskp.net. For additional questions, please contact Megan Murphy, MAPP coordinator, at mappofskp@gmail.com or (907) 235-0570.

Eight Dimensions of Wellness: Focus Group Discussions

Wellness Discussion Data Team Members

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Methods

The data team reviewed the process and questions used for the first and second Community Health Needs Assessments and discussed how best to build on questions for comparability and gather information to

refine focus for community action. A shift from the first and

second assessments, the Steering Committee and data teams discussed ways to support a transition to



Figure 3. 8 Dimensions of Wellness

measuring Wellness, instead of what has previously been a primary focus on measuring the existence of problems. Thus, the data team decided to spearhead the adoption of 8 Wellness Dimensions (based on the dimensions defined by the Substance Abuse and Mental health Services Administration (SAMHSA)), giving more clarity to the 'broad definition of health' that MAPP has used since its inception. The Steering Committee finalized and approved these **definitions of wellness dimensions**:

Cultural: *Individual awareness of one's own culture as well as understanding and respecting the diversity and richness of other cultures.*

Economic: *The ability to meet financial needs & adapt to unanticipated financial situations.*

Educational: *Recognition of creative abilities and the expansion of knowledge and skills.*

Emotional: *The ability to cope effectively with life & create personal enrichment through one's work & relationships.*

Environmental: *A harmonious and sustainable relationship with immediate surroundings that expands to the natural world.*

Physical: *The ability to perform daily activities without undue fatigue or physical stress.*

Social: *A sense of connection, belonging, safety, and a reliable support system.*

Spiritual: *A sense of purpose & meaning in life.*

Previously, Key Informant interviews (2009) and Key Informant surveys (2012) were conducted to gather in-depth community input on strengths and challenges. With considerations of maximizing data team, Steering Committee, and community participant time and resources, the data team selected focus group discussions as the process to efficiently and effectively gather input on the Wellness Dimension top strengths and challenges in our community. A broad group of community members, each representing one of the 8 different wellness perspectives, were invited to attend the focus group discussions. A one-day event, March 11th, 2016, with identical two and a half hour morning and afternoon sessions were hosted to concurrently gather input on each of the 8 dimensions of wellness.

The goals of the focus discussions were to:

- Support ongoing collaboration to accurately portray our community's health
- Support awareness of how people and organizations participate in the bigger community health picture
- Brainstorm with other wellness representatives to prioritize meaningful wellness measures
- Refine our process of collecting community health status data to better portray a consolidated health picture
- Create a strong foundation for measuring organizational and community progress

Each of the 8 tables of wellness perspectives were asked to identify the top five community strengths and challenges that related to their specific dimension. Written input was gathered ahead of time from community members physically unable to participate and table facilitators were asked to include this input into a group's discussion. Group report-outs enabled all participants to hear the conclusion from each dimension's top strengths and challenges. Ideally, there would have been time for tables to prioritize their top five strengths and challenges and to discuss meaningful measurements for their respective wellness dimension but time did not allow. Since there was not enough time for groups to prioritize their strengths and challenges, the data team assigned themes to each strength or challenge to help prioritize cross-cutting themes. The top five strengths and challenges of each wellness dimension were compiled and sent out to participants. A community conversation around gathering and using meaningful measurements will be an ongoing process.

Results

In total, 67 community members participated in the March 11th, 2016 Wellness Discussions. Written input was gathered from thirteen community members. Each of the 8 wellness dimensions had between 5-12 individuals present with informed experience in their respective wellness dimension that identified the top 5 community strengths and challenges of their respective wellness dimension.

**8 Dimensions of Wellness Focus Groups:
Identification of Top 5 Strengths & Challenges
Combined 3.11.16 Morning & Afternoon Discussion Notes**

Cultural Wellness: *Individual awareness of one’s own culture as well as understanding and respecting the diversity and richness of other cultures*

Cultural Wellness Strengths	Cultural Wellness Challenges
1. Supportive environment/community. Community supports arts, activities, in many ways. Support for artists to express themselves. [8,9,10]	1. Isolated ethnic diversity. Predominately white. [8]
2. Crossroads of culture. Homer is very dynamic, constantly renewing itself. [8]	2. White privilege & entitlement, challenges with equity. Homer is a difficult place to be a Native Alaskan in. White privilege: we are all unique & special & tolerant, so therefore we don’t separate out people/groups. Is not intentional, but we need to educate people to understand. [8,9]
3. Arts/dynamic creativity. [10]	3. Have a transient nature. People come & go, & Homer-sapiens can judge & ask “how long are they going to last?” [37,38]
4. Individuation, freedom in Homer. [9]	4. Diluted communication & awareness of what is going on. [27]
5. Universal uniqueness.	5. Competition for the limited resources that are available. [13,29,31]

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Economic Wellness: *The ability to meet financial needs & adapt to unanticipated financial situations.*

Economic Wellness Strengths	Economic Wellness Challenges
<p>1. Diverse economy. Not centered around a mine or processor. [1,29,31]</p>	<p>1. State fiscal crisis. Everyone is going to be asked to pay more; this creates uncertainty in the economic realm. People could leave; outsiders may not want to move here. Affordable housing. “Silver tsunami.” [1,29,31,15,40,41]</p>
<p>2. Maritime fishing & marine trades, oriented towards the water. [1,31]</p>	<p>2. “Seasonal” economy. Very active during the summer, not so much during winter. Reduction in oil industry jobs. [1,31]</p>
<p>3. Small businesses. Commercial fishing, welding shops, etc. [1,29,31]</p>	<p>3. Not a high growth community, very stagnant with population. [41]</p>
<p>4. Renewable, sustainable, healthy resources that are available. [29,31]</p>	<p>4. Trade/vocational jobs. People look down on jobs that are actually very high paying, like welders & plumbers. [1,4]</p>
<p>5. Activity of entrepreneurial small businesses, makes us a vibrant community. [13,29,31]</p>	<p>5. No local/community bank. Have to approach national banks. [31]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Educational Wellness: Recognition of creative abilities and the expansion of knowledge and skills.

Educational Wellness Strengths	Educational Wellness Challenges
<p>1. School system and quality of facilities available. The diversity, number, and accessibility of opportunities from pre-K to college, professional staff & educators in the community. [4,18]</p>	<p>1. Demographic shifts. Critical for education, because education depends on enrollment. Class sizes. [35,41]</p>
<p>2. Involvement of nonprofits & business community support of education across the community. [36]</p>	<p>2. Accessibility for childcare, transportation, other resources. [2,4,5,6,21,22]</p>
<p>3. Engagement of community in education. A diverse and highly educated community. [8,37]</p>	<p>3. External funding. Budget cuts and lack of resources. Need funding that is stable and sustainable over long periods of time. Challenges with recruiting and retaining talent. [29,31]</p>
<p>4. Community prioritizes learning through diverse and interconnected services across organizations & programs. Collaborations between agencies. [33]</p>	<p>4. Lack of cultural and racial diversity to expand knowledge, understanding, & skills. Not honoring Alaska’s past. [8]</p>
<p>5. Physical location. Our community utilizes the environment for expansive and experiential learning. [12,39]</p>	<p>5. Fixed vs growth mindset. Can also affect educators, mentors, etc. Mindset that kids are fixed in one way & that they can’t grow & adapt. Schools are not trauma-informed. Not a lot of social-emotional learning and coping skills. Impact on students with different learning styles or Adverse Childhood Experiences. [9,20,34,35]</p>
	<p>6. Limited media, especially at national & state level. [27]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Emotional Wellness: *The ability to cope effectively with life & create personal enrichment through one’s work & relationships.*

Emotional Wellness Strengths	Emotional Wellness Challenges
<p>1. Access to natural beauty. [12,19,23,25,39,42]</p>	<p>1. Addiction/mental illness. Across the spectrum from prevention to recovery, there is not a lot available locally. Also a statewide issue. Hard to access treatment, & recovery networks. Poor funding for prevention. [3,20,34]</p>
<p>2. Religious & spiritual opportunities are great outlets for emotional health. [14]</p>	<p>2. Violent crime. Domestic violence, sexual assault etc, things that make you feel unsafe can influence your emotional health. [30]</p>
<p>3. Schools, incorporation of differently abled children. [18]</p>	<p>3. Lack of diversity for outside thinkers. Lack of tolerance. [9]</p>
<p>4. Diversity & richness of resources for pursuing the means to meet emotional needs. Group meetings, library, social services, etc. Quality, quantity, and diversity of our non-profit services. [13]</p>	<p>4. High cost of living. No access to affordable housing, homelessness issue, high food prices, not a lot of transportation. Poverty. [2,15,5,6,31]</p>
<p>5. Support and opportunities for diverse cultural expression, emotionally validating & encourages people to follow their passion. [8,9,10]</p>	<p>5. Lack of job opportunities. Small town limits opportunities. [1]</p>
<p>6. Size of community promotes both diversity and connection. Many ways to cross each other’s paths. [8,37]</p>	<p>6. Hard place to live. Seasonal disorders, far from families, expensive, harsh and dynamic environment. [20,21,31,37]</p>
	<p>7. Layers of culture that don’t support wellness: work hard and don’t ask for help. [37]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Environmental Wellness: *A harmonious and sustainable relationship with immediate surroundings that expands to the natural world.*

Environmental Wellness Strengths	Environmental Wellness Challenges
<p>1. Natural beauty is visible and accessible. Community is integrated into the natural world. [12,19,23,25]</p>	<p>1. Climate change. Ocean acidification, warming temperatures. Can influence fisheries & economy. [24,29,31]</p>
<p>2. Network of individuals & agencies focusing on education, research & environmental conservation. [27,29,33]</p>	<p>2. Fiscal uncertainty. Many non-profits are facing budget cuts that can result in loss of professionals, ability to provide consistent programs. “Shifting baseline” concept of data. [29,31]</p>
<p>3. Active interests with individuals of all ages. [35]</p>	<p>3. Values & priorities. Conflicts in values. Can all identify natural beauty as a strength, but conflict in terms of what’s good in development. Everyone wants their personal piece of property, what’s good for them & not necessarily the community. Population growth and more technology. [9,24,40,41]</p>
<p>4. Healthy and productive habitats (and healthy fish & wildlife populations) that provide harvestable resources, fish, berries, etc. Promotes good stewardship as people care about these resources. [24,29]</p>	<p>4. “Big world effect.” May do a lot to protect our community, but we can’t control what happens in other areas. No matter our value, visitors may not share the same values/concerns. Outside environmental problems that affect our environment. Awareness of interdependence. [24,29]</p>
<p>5. Abundance of protected lands & habitats; state parks, etc. [24,29]</p>	<p>5. Education & communication. We all identify climate change as a challenge, but schools are not teaching about it because it’s controversial, education is poor. lack of connection between big issue problems like climate change. Connection with daily life etc. Lack of political will. [9,18,27,34]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Physical Wellness: *The ability to perform daily activities without undue fatigue or physical stress.*

Physical Wellness Strengths	Physical Wellness Challenges
<p>1. Progressively minded in collaboration across all aspects community. Healthcare field is happy to interact & share, but this also plays out in other aspects of the community. Real feeling of being on the same team. [33]</p>	<p>1. Infrastructure. Lack of sidewalks & other ADA facilities. Inability to have a dense downtown. [32,40]</p>
<p>2. Access to healthcare & other supporting services. It is very easy to connect someone to resources in this community. [6]</p>	<p>2. Mental & addictive health. [20]</p>
<p>3. Physical environment: access to beaches, trails exercise opportunities. [12,19,23,25]</p>	<p>3. Personal economics. Can limit what you can afford to care for yourself. [6,31]</p>
<p>4. Prevention focused – Syringe exchange program example with city council, does not condone drug use but can prevent disease. [34]</p>	<p>4. Access to transportation services & community activities. Very spread out community. [2,40]</p>
<p>5. Inclusive across life span. [35]</p>	<p>5. Recruiting & retaining professional providers. Struggle with this in all aspects, not just healthcare. [17,29,31]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Social Wellness: *A sense of connection, belonging, safety, and a reliable support system.*

Social Wellness Strengths	Social Wellness Challenges
<p>1. Vast and diverse opportunities for social connections. There are many opportunities in Homer & surrounding areas. [37]</p>	<p>1. Substance use & abuse. Keeps individuals away from meaningful relationships & interactions. Creates poor health in the community, & uses up money. Not a lot of activities to do in the evening that don't involve alcohol. [3,31,30,37]</p>
<p>2. Close knit community. Face to face accountability and interdependence (refined set of acceptable behaviors), dialogue. Business owners all know each other, non profit boards all know each other etc. Help people get plugged in to resources if struggling. [11,33, 38]</p>	<p>2. Sense of belonging. Even though there are activities going on, it is too close knit of a community for outsiders to join in. How can we make it more welcoming and sustainable for people – a large transient population. Sometimes we don't realize we're behaving in a way that makes people feel unwelcome. [37,38]</p>
<p>3. Generous and kind with time, support, giving. If you ask, you will receive. [11,36]</p>	<p>3. Physical/environmental barriers that decrease accessibility to resources. Need for community center for connectivity. Lack of public transportation, lack of indoor space for activities, lack of sidewalk for safe walking, poor road maintenance. Dark winters, harsh environment. [2,19,20,25,30,40]</p>
<p>4. Diversity and differences. Not a lot of judging in the area. [9]</p>	<p>4. Awareness of opportunities to connect. No "one stop" calendar. Makes it hard to see what is going on. [27]</p>
<p>5. Communication and dissemination of community info. A lot of good communication tools and venues, newspapers & flyers etc. [27]</p>	<p>5. Lack of money. People are too busy working to earn money to support themselves to be able to partake in social activities. Difficult to access kids programs, budget cuts for senior/youth programs. [1,21,29,31]</p>
<p>6. Community anchors. Places that people go that they identify with: libraries, churches, etc. [40]</p>	

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Spiritual Wellness: A sense of purpose & meaning in life.

Spiritual Wellness Strengths	Spiritual Wellness Challenges
<p>1. Sense of place in the natural environment. Quiet, nature, animals, lack of materialism, sense of awe, expansiveness, connection, & respect. [12,19,23,25,39,40]</p>	<p>1. Extremes of the environment. Can be difficult for people to find “balance” especially during the winter. [20,40,42]</p>
<p>2. Wide variety of spiritual practices available. Many opportunities to practice. [14]</p>	<p>2. Scarcity. Lack of time, economic opportunities, isolation from family, isolation from the community, lack of resources, lack of space to meet, lack of voices at the table, lack of community rhythms. Difficult for people to just take time to “be.” [20,21,23,29,31,37,40]</p>
<p>3. Openness in the community, tolerance for a variety of different beliefs. Conversations that happen in the media surrounding spiritual issues. [9,27]</p>	<p>3. Accessibility & approachability. Finding space for people to meet at low costs, communication, how do all these spiritual opportunities reach out without infringing on the uniqueness of Homer? [9,11]</p>
<p>4. Many opportunities to serve others. Volunteer & service opportunities. [11]</p>	<p>4. Lack of opportunities for people of all beliefs, or no beliefs, to get together & talk about significant topics. [9,37,38,40]</p>
<p>5. Many different modalities for pursuing spiritual. Arts, music, outdoor activities, etc. [10,14,19,23]</p>	<p>5. Challenge to move beyond tolerance. We should do more than tolerate each other, acceptance would be the true goal. We should be looking to see who is not sitting at the table with us & invite them in. [9,11]</p>

Numbers within the brackets correspond to themes identified within and listed on page 41 below.

Perceptions of Community Health Survey

Perceptions of Community Health Data Team Members

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Laura Kay, LKP Consulting

Paige Meadows, MAPP

Megan Murphy, MAPP

Emily Read, SVT Health & Wellness

Michael Tupper, South Peninsula Hospital

Kyra Wagner, Sustainable Homer

Methods

The data team reviewed questions from the first and second community surveys and revised questions for the third iteration while trying to maintain comparability. Consideration was also given to available Census data and creating questions and response options that could be compared to the Southern Kenai Peninsula demographics. In order to encourage community participation in the survey, the paper survey was limited to one sheet (two sided), an online version was made available, and questions were primarily multiple-choice with optional free responses. Additional demographic questions (gender, race, educational attainment, number of children within the household) and nine individual wellness measures were new questions added this third round.

The survey was open for community response in November and December 2015. Surveys were distributed at the November 7th Rotary Health Fair, made available online (mappofskp.net), handed out to community organizations to distribute to their clients/patrons¹, distributed at the Food Pantry, 'Share the Spirit' spaghetti fundraiser, and 'Share the Spirit' pick-up, and made publicly available at City Hall, Homer Air, Homer Public Library, KBay Café, Smoky Bay Air, and Ulmer's Drug & Hardware. Paper surveys were not distributed through the Homer News and Homer Tribune as previously done in the first and second CHNAs due to resource constraints. To compile paper and online results, all paper surveys were entered into survey monkey. Data team members assigned all free responses to 42 different categories in order to determine the volume of responses addressing specific topics. In addition to making this sub-assessment publicly available on the [MAPP website \(www.mappofskp.net/reports\)](http://www.mappofskp.net/reports), the MAPP Steering Committee will focus distribution of sub-assessment results to participants and local decision-makers to further equip recipients to take action.

¹ Cook Inlet Council on Alcohol and Drug Abuse, Frontier Medicine, Headstart, Homer Dental, Homer Medical, Homer United Methodist Church, Homer Public Health Center, Kachemak Bay Campus, Kachemak Bay Family Planning Clinic, Kachemak Bay Medical Clinic, South Peninsula Behavioral Health Services, South Peninsula Haven House, South Peninsula Hospital, Sprout Family Services, SVT Health & Wellness



PERCEPTIONS OF COMMUNITY HEALTH

Since 2008, our community has been working together within the MAPP coalition to improve community health. Every three years, MAPP takes a pulse of the community’s health perceptions to inform existing and new community efforts. Please take a few minutes to tell us what’s important to you. **THANK YOU!!**

PLEASE TURN IN THIS SURVEY BY FRIDAY, DEC 18th TO: the organization from which you received it or a drop box located at the Homer Public Library or Homer Public Health Center. You can also mail to MAPP, 195 E Bunnell Ave, Homer AK 99603.

1. Which THREE aspects below are our community’s greatest strengths?

- | | | |
|--|--|---|
| <input type="checkbox"/> Schools | <input type="checkbox"/> Religious or spiritual opportunities | <input type="checkbox"/> Behavioral health services |
| <input type="checkbox"/> Housing | <input type="checkbox"/> Access to job training & higher education | <input type="checkbox"/> Public transportation |
| <input type="checkbox"/> Natural beauty | <input type="checkbox"/> Cultural / arts opportunities | <input type="checkbox"/> Recreational opportunities |
| <input type="checkbox"/> Social networks | <input type="checkbox"/> Private/public nonprofit organizations | <input type="checkbox"/> People help each other |
| <input type="checkbox"/> Access to health care | <input type="checkbox"/> Jobs & economic opportunities | <input type="checkbox"/> Access to healthy food |
| <input type="checkbox"/> Cultural diversity | <input type="checkbox"/> Healthy lifestyle opportunities | <input type="checkbox"/> Elder care |
| <input type="checkbox"/> Environmental health | <input type="checkbox"/> Substance abuse treatment | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Support for Families | <input type="checkbox"/> Respect for varied viewpoints | |

2. Of the above options, which THREE aspects of our community most need to be improved?

1. _____ 2. _____ 3. _____

3. Please check the THREE factors that MOST NEGATIVELY affect the health of you and your family and the THREE factors that MOST NEGATIVELY affect the health of the community.

	You and Your family	Community
Physical Health	<input type="checkbox"/>	<input type="checkbox"/>
Mental / Emotional Health	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>
Interpersonal Violence	<input type="checkbox"/>	<input type="checkbox"/>
Economic Health	<input type="checkbox"/>	<input type="checkbox"/>
Environmental Health	<input type="checkbox"/>	<input type="checkbox"/>
Education / costs and availability	<input type="checkbox"/>	<input type="checkbox"/>
Other (please specify)	<input type="checkbox"/>	<input type="checkbox"/>

4. Do any of the following prevent you from using services or activities that are available in our community?

- | | | |
|---|--|---|
| <input type="checkbox"/> Schedule conflicts | <input type="checkbox"/> Membership restrictions | <input type="checkbox"/> Lack of anonymity |
| <input type="checkbox"/> Age restrictions | <input type="checkbox"/> Not enough time | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Stigma | <input type="checkbox"/> Found services elsewhere | <input type="checkbox"/> Harassment |
| <input type="checkbox"/> Childcare | <input type="checkbox"/> Distrust / dislike agency or provider | <input type="checkbox"/> Awareness |
| <input type="checkbox"/> Confidentiality | <input type="checkbox"/> Cultural or religious convictions | <input type="checkbox"/> Cost |
| <input type="checkbox"/> Medicaid problem | <input type="checkbox"/> Language barrier | <input type="checkbox"/> Other (please specify) |

5. Please rate the following statements for yourself:

Never
Sometimes
Frequently
Always

	Never	Sometimes	Frequently	Always
a. I like what I do every day & feel motivated to achieve my goals.				
b. I have supportive and loving relationships in my life.				
c. I have enough money to provide for my basic needs.				
d. I have enough money to do everything I want to do.				
e. I feel that my community is the perfect place for me.				
f. I have good health and enough energy to get things done daily.				
g. I see myself as a positive role model.				
h. I am able to deal with general life stresses.				
i. I have others who will listen when I need help.				

6. In what community do you live?

- | | | | |
|--|--|--------------------------------------|---|
| <input type="checkbox"/> Anchor Point | <input type="checkbox"/> Homer | <input type="checkbox"/> Nikolaevsk | <input type="checkbox"/> Seldovia |
| <input type="checkbox"/> Diamond Ridge | <input type="checkbox"/> Kachemak City | <input type="checkbox"/> Ninilchik | <input type="checkbox"/> Voznesenska |
| <input type="checkbox"/> Fox River | <input type="checkbox"/> Kachemak Selo | <input type="checkbox"/> Port Graham | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Fritz Creek | <input type="checkbox"/> Nanwalek | <input type="checkbox"/> Razdolna | |

7a. What is your age? _____ **7b. What is your gender?** _____

7c. Highest level of education completed? High school or equivalency Vocational training
 Associate degree Professional degree Bachelor's degree Master's degree Doctorate degree

8. What is your race?

- | | | |
|---|--|--|
| <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> Hispanic | <input type="checkbox"/> Two or more races |
| <input type="checkbox"/> African American or Black | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander | <input type="checkbox"/> Other |
| <input type="checkbox"/> Asian | <input type="checkbox"/> White | |

9a. How many people currently live in your household? 1 2 3 4 5 6 7 8+

9b. If child(ren) living in the household, what age(s)? 0-5 6-9 10-13 14-18 18+

10. What is your approximate annual household income?

less than \$25,000 \$25,000-50,000 \$50,000-75,000 \$75,000-100,000 \$100,000+

11. Do you have health insurance? (of any type: private, public, military, Native, Medicaid or Medicare) Yes No

12. Do you have additional comments or suggestions about the health of our community?

Results: Survey Demographics Compared to Southern Kenai Peninsula Demographics

Approximately 687 (1,212 in 2012 / 1,441 in 2008) community members from 14 Southern Kenai Peninsula (SKP) communities provided input to the survey. It is speculated that the lower number of survey responses during this third iteration is due to the decreasing numbers of surveys populated and returned at the Rotary Health Fair as this has been the venue for gathering the majority of survey responses in prior assessments.

The percentage of respondents from each community generally reflected the population size in relation to the total SKP population (American Community Survey 5-year estimates, Figure 3). The majority of respondents were female (72.6%) and 41.9% of respondents were from households with two individuals. The Respondents' age distribution was evenly spread from 10-85+ years old (Figure 4).

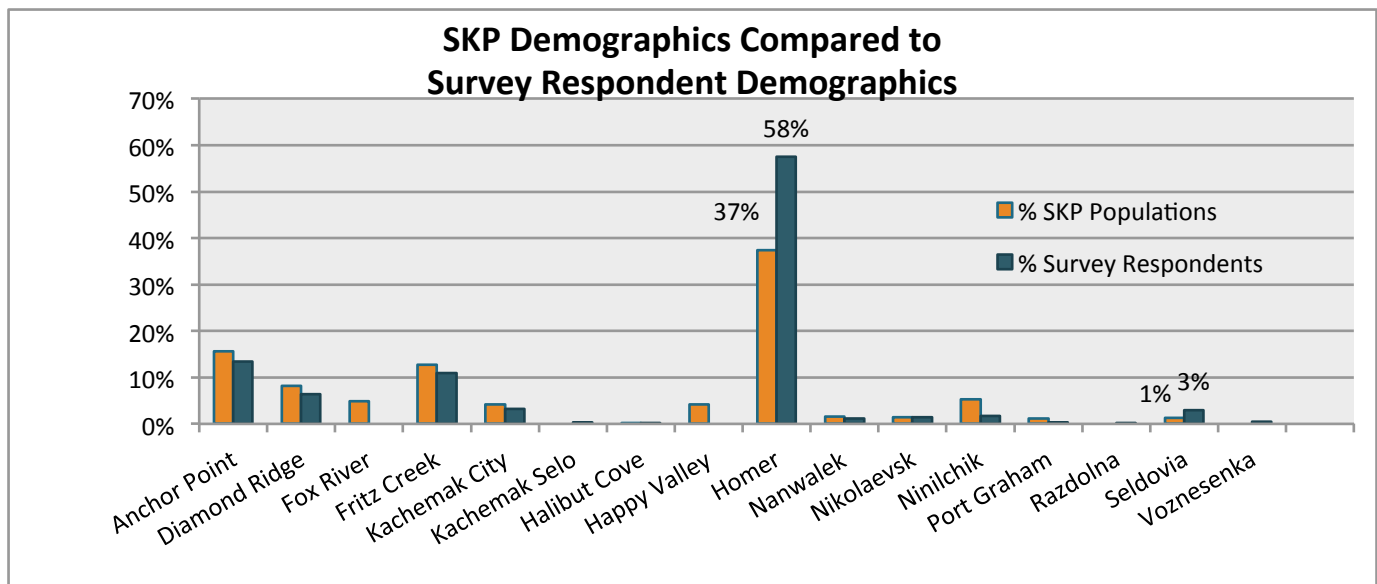


Figure 4. Survey versus Southern Kenai Peninsula Community Representation

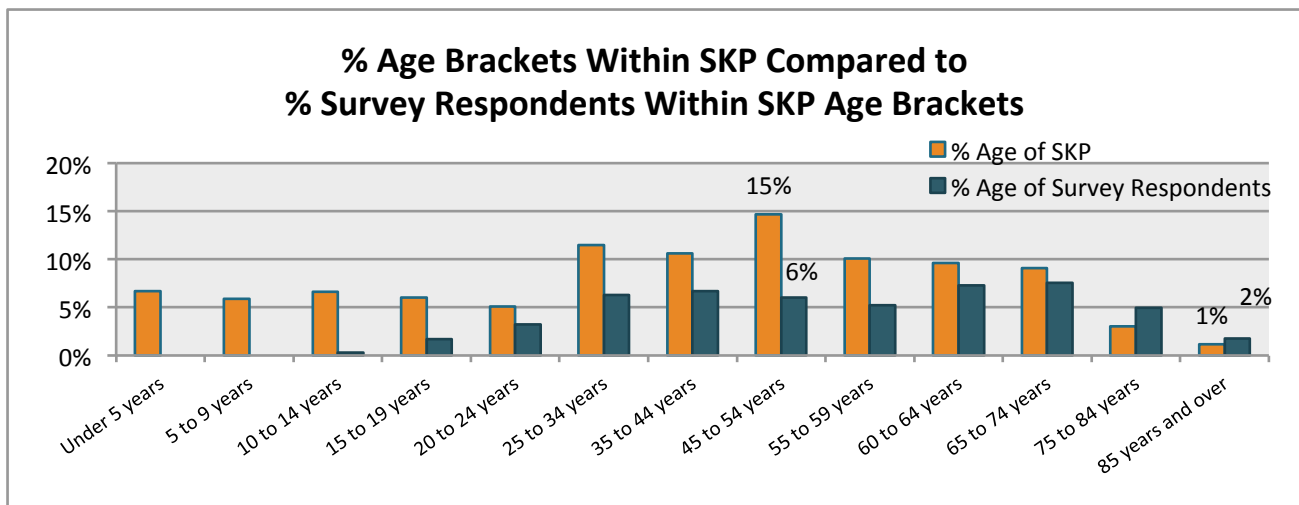


Figure 5. Survey versus Southern Kenai Peninsula Age Representation

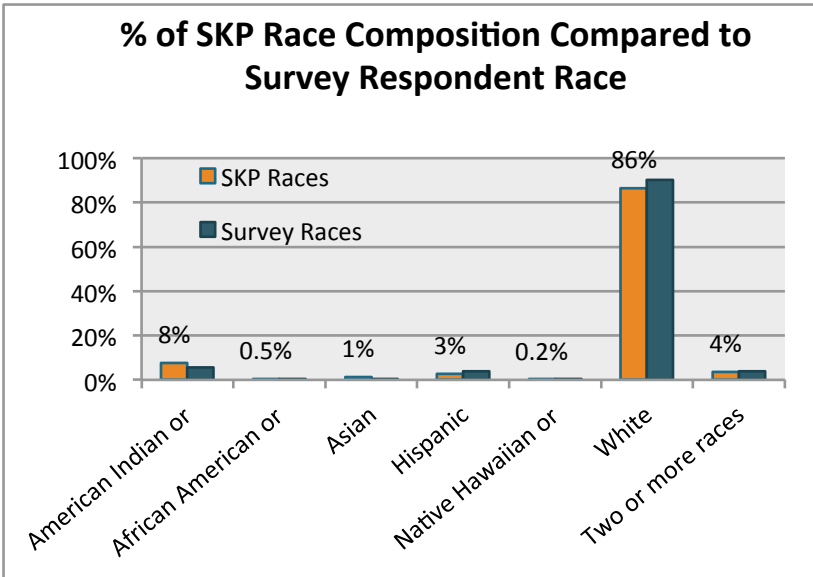


Figure 6. Survey versus Southern Kenai Peninsula Race Representation

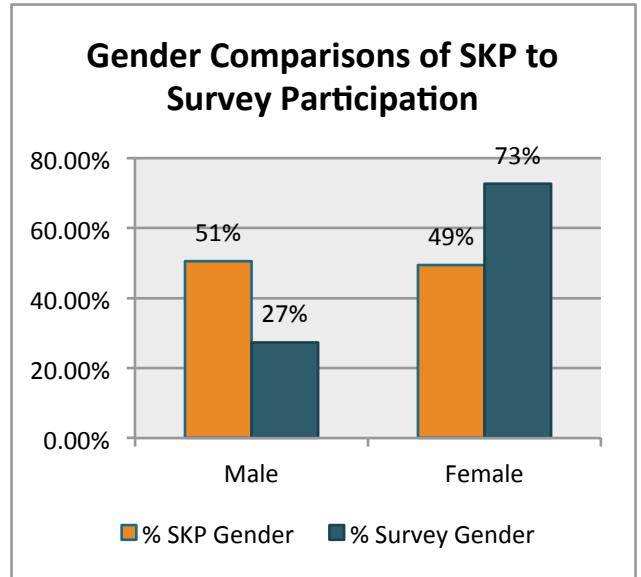


Figure 7. Survey versus Southern Kenai Peninsula Gender Representation

Estimated Annual Household Income:

	2012 Survey* (1126 responses)	2015 Survey (626 responses)	SKP Demographics 2010-2014 5yr ACS Est
Less than \$25,000	24% (269)	19% (119)	25%
25,000-50,000	31% (348)	29% (180)	23%
50,000-75,000	21% (236)	24% (147)	20%
75,000-100,000	24% (273) [75K+]	15% (96)	12%
100,000+	*2012 income categories slightly different	13% (84)	20%

Respondents who have health insurance of any type (private, public, military, Native, Medicaid or Medicare):

2008 Perceptions Survey (1,429 responses)	2012 Perceptions Survey (1,164 responses)	2015 Perceptions Survey (660 responses)
Yes (73%) / No (27%)	Yes (75%) / No (25%)	Yes (88%) / No (12%)

Results: Survey Feedback to Community Health Perceptions

The five greatest community strengths identified were:

	2008 Perceptions Survey (831 responses)	2012 Perceptions Survey (1171 responses)	2015 Perceptions Survey (680 responses)
1	People help each other	Natural beauty (79%)	Natural beauty (63%)
2	Respect for varied viewpoints	People help each other (68%)	People help each other (36%)
3	Natural beauty	Healthy environment (53%)	Cultural/arts opportunities (29%)
4	Diverse private/public nonprofit organizations	Schools (48%)	School (27%)
5	Other	Cultural/arts opportunities (47%)	Recreational opportunities (24%)

The five community aspects most needing to be improved:

**2008 and 2012 Perceptions Survey did not ask directly comparable question*

	2015 Perceptions Survey (590 responses)
1	Jobs & economic opportunities (48%)
2	Public transport (38%)
3	Substance abuse treatment (36%)
4	Housing (26%)
5	Access to job training & higher education (17%)

When asked if any issues prevent personal use of services or activities available in the community, the top five responses were:

	2008 Perceptions Survey (831 responses)	2012 Perceptions Survey (886 responses)	2015 Perceptions Survey (567 responses)
1	Cost	Cost (47%)	Cost (51%)
2	Transportation	Schedule conflicts (42%)	Not enough time (38%)
3	Distrust agency or provider	Not enough time (36%)	Schedule conflicts (38%)
4	Confidentiality	Lack of anonymity (14%)	Lack of anonymity (16%)
5	Lack of anonymity	Distrust agency/provider (13%)	Transportation (15%)

When asked to rank the factors most negatively affecting themselves and their families, the top three responses were:

	2008 Perceptions Survey (834 responses)	2012 Perceptions Survey (506 responses)	2015 Perceptions Survey (649 responses)
1	Economic Costs	Economic Costs (73%)	Physical Health (86%)
2	Physical Health	Physical Health (68%)	Environmental Health (73%)
3	Education and training costs	Mental / Emotional Health (47%)	Education / costs & availability (73%)

When asked to rank the factors most negatively affecting the community, the top three responses were:

	2008 Perceptions Survey (834 responses)	2012 Perceptions Survey (454 responses)	2015 Perceptions Survey (649 responses)
1	Substance Abuse	Substance Abuse (79%)	Substance Abuse (97%)
2	Economic Costs	Economic Costs (54%)	Interpersonal Violence (96%)
3	Mental / Emotional Health	Mental / Emotional Health (52%)	Mental / Emotional Health (75%)

The five services respondents found most lacking were:

**2015 Perceptions Survey did not ask directly comparable question*

	2008 Perceptions Survey (831 responses)	2012 Perceptions Survey (1060 responses)
1	Medical specialists (43%)	Teen activities (54%)
2	Clinic services (18%)	Transportation (50%)
3	Shopping (16%)	Shopping (35%)
4	Teen activities (8%)	Housing (28%)
5	Transportation (5%)	Substance abuse treatment (27%)

2015 Respondents were asked to rate the following statements for themselves:

Wellness Measure	Never	Sometimes	Frequently	Always
I like what I do every day and I feel motivated to achieve my goals.	1% (7)	19% (122)	55% (356)	25% (165)
I have supportive and loving relationships in my life.	1% (7)	10% (66)	25% (163)	64% (417)
I have enough money to provide for my basic needs.	3% (19)	20% (129)	33% (213)	45% (291)
I have enough money to do everything I want to do.	21% (133)	41% (262)	27% (176)	12% (75)
I feel that my community is the perfect place for me.	1% (9)	28% (179)	43% (281)	28% (183)
I have good health and enough energy to get things done daily.	2% (15)	20% (129)	48% (314)	29% (191)
I see myself as a positive role model.	1% (6)	16% (104)	53% (346)	30% (197)
I am able to deal with general life stresses.	0.6% (4)	15% (97)	55% (360)	29% (191)
I have others who will listen when I need help.	1% (7)	16% (104)	37% (237)	46% (301)

The graphs and tables above reflect the results of all respondents. An additional benefit of asking demographic questions within the Perceptions Survey is that the results can be filtered and viewed by different demographics, such as age, sex, households with children under the age of 12, and more. If you or your organization is particularly interested in filtering the Perception Survey results to better identify and address your focus population, please contact mappofskp@gmail.com. Below are a couple examples of results when filtered by respondent age:

2015 Community Aspects of Greatest Strength – Prioritized by Respondent Age:

Age	#1	#2	#3	#4	#5
10-19 (17 respondents)	Cultural / Arts Opportunities	Schools	People help each other		
		Natural Beauty			
20-29 (57 respondents)	Natural Beauty	People help each other	Cultural / Arts Opportunities	Schools	Recreational Opportunities
30-39 (98 respondents)	Natural Beauty	People help each other	Schools	Cultural / Arts Opportunities	Recreational Opportunities
40-49 (91 respondents)	Natural Beauty	People help each other	Schools	Cultural / Arts Opportunities	Recreational Opportunities
50-59 (124 respondents)	Natural Beauty	People help each other	Cultural / Arts Opportunities	Healthy lifestyle	Recreational Opportunities
60-64 (85 respondents)	Natural Beauty	People help each other	Healthy lifestyle Opportunities	Recreational Opportunities	Cultural / Arts Opportunities
65+ (99 respondents)	Natural Beauty	People help each other	Cultural / Arts Opportunities	Schools	

2015 Community Aspects Most Needing to Be Improved - Prioritized by Respondent Age:

Age	#1	#2	#3	#4	#5
10-19 (17 respondents)	Public Transport	Schools	Jobs & Economic		
		Elder Care	Substance Abuse		
20-29 (57 respondents)	Jobs & Economic Opps	Public Transport	Substance Abuse	Housing	Access to jobs & higher ed
30-39 (98)	Jobs & Econ Opps	Public Transport	Substance Abuse	Housing	Access to
40-49 (91 respondents)	Jobs & Economic Opps	Substance Abuse	Public Transport	Housing	Access to healthy food
50-59 (124)	Jobs & Economic Opps	Substance Abuse	Public Transport	Housing	Access to jobs & higher ed
60-64 (85 respondents)	Jobs & Economic Opps	Public Transport	Substance Abuse	Access to jobs & higher ed	Housing
65+ (99 respondents)	Jobs & Economic Opps	Public Transport	Substance Abuse	Housing	Access to jobs & higher ed

Open Response Comments Provided by Respondents (Question #12):

Responses are organized by the 8 Dimensions of Wellness and further categorized into 42 themes, thus some responses might be repeated if they contain multiple wellness dimensions and categories. The Dimensions of Wellness are highly interrelated, thus responses could fall into multiple categories. Most identified themes were put into one Wellness Dimension unless otherwise noted. All open responses to survey questions 1-11 can be found in Appendix A.

Cultural Wellness: Individual awareness of one's own culture as well as understanding and respecting the diversity and richness of other cultures.

1. Cultural Diversity

- a. Continued 'race' identification will always be a dividing factor in any community.

2. Respect for Varied Viewpoints

- a. It disgusts me how low people's standards are in Homer. Why is it okay for people to not shower and go to town? Why is it okay to wear your pajamas to Safeway? Why is it okay that almost all the buildings in town are old and rotting? Why is it okay that all the houses are cringe worthy? Why is it okay that no one has a nice yard in the summer and has a million things in their yards? Why is it okay that our standards are so low that anyone with subpar standards would be sickened? Get it together. Have some dignity. Tyvek is not a house siding. Xtratufs are not every day shoes. Cleanliness isn't a bad thing. Make up is not your enemy. Hair dye won't kill you, and neither will spending more than 5 minutes to get ready. Dreadlocks don't make your hair look better when you don't wash it. Homer needs to raise its standards. You people pride yourselves on healthiness on the inside while everything on the outside of you makes me want to puke.
- b. Unity of all Christians under Jesus & dump the denominations and all their divisive theology and just learn to simply do what Jesus taught us to do, and learn from experiences with them.
- c. I just want us to work, play, & share together in all that is good and all that is challenging.
- d. Wish that the ER doctor(s) would listen to the complaint of patient and not allow their ego to dictate treatment.
- e. Insurance options would be very helpful. And an air of EVERYONE who works with our diverse population to treat the people we work with respect. [6]

- f. Teens could use more advocacy when it comes to being involved in the community.

3. Cultural/Arts Opportunities

- a. Addressing the needs of younger working families is crucial, & opportunities for non-art activities needed & sorely lacking. There's a quiet majority who are busy making a living, raising families - needs to be addressed. [22]

Economic Wellness: *The ability to meet financial needs & adapt to unanticipated financial situations.*

1. Jobs/Economic Opportunities

- b. Develop more marine vocational training leading into building a polar class vessel for our youth to explore the ice edge in the north. Connect our science & vocational students + adults
- c. This community restricts growth & therefore in a sense forces people to go out of town for groceries & such!
- d. People need more opportunities for jobs.
- e. 1. Healthcare costs in AK are not affordable at all. 2. More economic opportunities in Homer area. [6]
- f. More jobs need to be available.
- g. We need to build our economic base to support new jobs and our existing service economy.

2. Public Transportation

- a. It would be AMAZING if Homer, AK had a helicopter for village emergencies it would make health services SO much easier for the villages and for ANMC. Also if our communities Nanwalek and Port Graham had the longer airport built in between the two communities it would also help in village emergencies so a medevac airplane can land there and pick patients up. Also they should offer free time for health aides to talk with behavioral health to debrief or just talk about stress for management. [20]
- b. Please help the state park. Lower transportation cost to the state park. [19]
- c. We need more public transit & walking/biking support [25]

3. Access to Healthcare

- a. 1. Healthcare costs in AK are not affordable at all. 2. More economic opportunities in Homer area. [1]

- b. I believe this community is on the right track, except Alaska has prohibitive healthcare costs.
- c. The high cost of healthcare is a major issue, lack of urgent care specifically forces folks to use ER which is not the best option. The increasing ownership by the hospital of outpatient services is raising costs.
- d. Insurance is not affordable or useful.
- e. Healthcare costs are outrageous
- f. Free healthcare clinics & home visit healthcare for all.
- g. We need universal healthcare, single payer.
- h. Insurance options would be very helpful. And an air of EVERYONE who works with our diverse population to treat the people we work with respect. [9]
- i. Please help us with marketplace/healthcare subsidy issues. No one properly trained in town to help with complex self employment (Like many in Homer are). [27]

4. Housing

- a. Need more housing options for low income. We need counseling options for domestic violence survivors & perpetrators. [20]

5. Childcare

- a. We need a gym or health center that can cater to the working and single mom. Childcare is nonexistent in many options. A ton of families in the community are on a part time single parent basis and it would behoove the community to understand that those people need help with their kids to be active and healthy. [19,21,23]
- b. Would be nice to have boys & girls club open back up for working parents. More childcare options for older children.

6. Sustainability

- a. As oil money declines, we need to sustain the city. Budgets, not decrease it. Income tax. [31]
- b. I feel very connected with my community and I found it fascinating that the three factors which I feel affect my family's health the most do not align with the three factors that I perceive to be the most pertinent issues for the community. I sometimes wonder if we are far less connected than I believe us to be. There are resources for all of the issues listed above (substance use, behavioral health, housing, job training, education, recreation, arts...) and we have AMAZING non-profit and volunteer support but because our population base is relatively small if someone doesn't like their relatively limited options then they may not utilize what is available. I don't know what the

- answer is, I just think it might be a factor and something worth considering - that the established system, despite good intentions and historical investment is not effective.
- c. Encourage Homer Electrical Association to install and promote renewables as quickly as possible so that the cost of energy in our community can be reliably low. Thanks for asking. More funding for NGO's, arts, schools. Lower cost of government with tech solutions. More collaboration among NGO's outside of their silos.
 - d. We need to continue to look at the services we have and how best to pay for them. Recreation for all through the winter months is a necessity! [19]
 - e. Would like to see more systematic shifts in the school, city, & organizational climates & policies to support individuals in better addressing their individual well-being

7. Economic Health

- a. Is ANYONE anywhere listening? No one can live for 15 years on just \$1095 per month, without housing assistance, with food stamps for about 13 days, not 30! Honestly? I understand now why poor people have such high rates of substance abuse: they have no future, they know it and so, they hide reality with drugs and booze. Makes sense to me! If it is inevitable, or feels that way, that you CANNOT get ahead in the world, if you cannot even save a dime cause every dime you earn goes to rent and food, and not much else ... of course you are going to hide the misery. Being poor is NOT the same thing as being broke, and VERY few people who are NOT poor understand this. I did not until I became poor. I lost all my friends due to my economic situation; it's not just the fact that I could no longer keep up and go with them as I used to, it's almost as if poverty were contagious. They were embarrassed by my poverty! And afraid of it .. with damn good cause. Once you reach a certain age, if you have nothing left after illness, you simply have NOTHING left except perhaps your smile and good heart. Now, I have lost those too. I never imagined I would soon be turning 60 and living in 2 rooms, battling the cold in order to save on fuel, and eating oatmeal for breakfast AND dinner 4 times a week and going hungry the rest of the time! I came from an upper middle class home: Mom was a CPA, Dad was an attorney.
- b. Part of the working poor. Income limits need to be raised for benefits and no waiting period when getting laid off.
- c. Young people have no future here. Only those who can get grant money or have government type positions can live here. Drugs are everywhere. Desperation drives bad behavior. [3]
- d. Privatize the real estate on the spit so we have year round jobs. City of Homer owns 97% of the commercial real estate.

- e. Health insurance deductible is climbing. Need great care for roads during winter.
- f. I'd like our community and its members to actually engage more with people and families in poverty to help improve their lives in the ways that they want and need. [21]
- g. Homer needs a Fitness club with more diversity and doesn't cost a fortune. Homer also needs to get over the "big box store" issue. We need a place to buy decent healthy food and family clothing that isn't name brand, expensive or used. We all travel North to shop now anyway or get online, we would be better off to let Walmart come in for the employment opportunity and keep people in town shopping.
- h. I think the economic health of the town is causing more stress on the individuals and leading to a downward spiral of poor mental/physical health. Nice town with small town problems.
- i. I'm frequently & increasingly frustrated with the lack of work ethic that so many complaining about our community & their economic growth or lack there of. There are a lot of great jobs here that many frankly don't want to do because of willingness to commit, or if they do commit, have a hard time living up to those commitments.
- j. Our community makes it way too easy on people who choose not to work. We need less money spent on handout programs and more on police/fire (just one example).
- k. Very poor area for economic activity. Many people from outer areas simply don't want to do business or own property in Homer.

Educational Wellness: *Recognition of creative abilities and the expansion of knowledge and skills.*

1. Teen Activities

- a. I believe there is a lack for healthy options for teens. There is a great deal of substance use and social pressures in the teen population in Homer. [3]
- b. We need to start taking care of our youth in this town, give them more to do before they turn to drugs.
- c. Better support for the youth - real life experiences to support learning.

2. Schools

- a. More helping at schools.
- b. Would be great to have a Headstart in the Ninilkchik area or a title 1 preschool.

3. Community Education

- a. Local cannabis education and consumption centers.
- b. As we deal with the new cannabis regulations the community should have a "social club" and cannabis education seminars for locals and visitors. I've worked with cannabis

eco-tours for years and it would greatly benefit Homer area diversifying our economy. [31]

- c. More public knowledge of available help for mental health. Free saunas for people who are losing their minds because they are broke. A community heated greenhouse that teaches permaculture.
- d. Alcohol and drug abuse resources are sorely needed in this community. If they are available no one really knows about them. [3]
- e. In my opinion and I have heard others in the community speak that Homer and the surrounding areas has a huge drug and alcohol problem that remains unaddressed which leads to other problems. Our schools (the people running the schools as well as the children) need education and ways to make healthy decisions. [3]
- f. Keep educating the public on issues impacting the community.
- g. The high school is negligent in the drug problem. It might be helpful if mandatory class is taught at high school about teenage brain & pot. [3]
- h. Please help us with marketplace/healthcare subsidy issues. No one properly trained in town to help with complex self employment (Like many in Homer are). [6]
- i. Thanks for asking. I hope you will get input from people who don't have access to all the wonderful things of our community. We have lost a lot of services for people who are struggling. [26]
- j. I suggest more education/outreach in our schools. The positive influences & awareness of negative issues that we face in our community can be a huge impact if we start with our youth!
- k. It would be great to get information into the hands of people who seem to be clueless about all that happens in the community. With 2 newspapers, KBBI, & other sources of info, there's really no excuse. It's frustrating that people don't take responsibility for knowing what's going on.
- l. Marijuana issue needs to be planned where, when, how not assume everyone is for it - protection for those who are not for it.
- m. The attitudes of the youth & some adults around substance abuse, sexual abuse, & bullying is shameful. The attitude about drugs in high school is worse.
- n. Would like to see more systematic shifts in the school, city, & organizational climates & policies to support individuals in better addressing their individual well-being.

Emotional Wellness: *The ability to cope effectively with life & create personal enrichment through one's work & relationships.*

1. Substance Abuse and Treatment [repeated in Physical Wellness]

- a. Alcohol and drug abuse resources are sorely needed in this community. If they are available no one really knows about them. [27]
- b. I believe there is a lack for healthy options for teens. There is a great deal of substance use and social pressures in the teen population in Homer. [16]
- c. I work in healthcare. Substance abuse is the greatest challenge we have. It is draining our resources and we are not making any progress.
- d. After you pass the pre employment drug screening at South Peninsula Hospital they don't ever test you again. If you ask most staff members if they should do random drug testing they respond that you would lose 30%-50% of your staff. That is scary and disgusting. If you or your loved one needs medical care do you want an impaired drug user providing that care? I don't.
- e. We have a major problem in the community with meth & heroin.
- f. There is a huge drug problem.
- g. Narrowing down to 3 aspects of strength that I feel This community has was VERY difficult. Homer has so many strengths. I am very concerned about alcohol and drug abuse.
- h. If the drug and alcohol problems in the area do not improve, we plan to move away in 4 years before our youngest begins school.
- i. Focus on the problem of heroin addiction.
- j. In my opinion and I have heard others in the community speak that Homer and the surrounding areas has a huge drug and alcohol problem that remains unaddressed which leads to other problems. Our schools (the people running the schools as well as the children) need education and ways to make healthy decisions. [27]
- k. The high school is negligent in the drug problem. It might be helpful if mandatory class is taught at high school about teenage brain & pot. [27]
- l. Mental health & substance abuse are huge issues in our community, borough, state & nation. How can we, acting locally, be more proactive & responsive?
- m. Young people have no future here. Only those who can get grant money or have government type positions can live here. Drugs are everywhere. Desperation drives bad behavior. [31]

2. Behavioral Health Services

- a. It would be AMAZING if Homer, AK had a helicopter for village emergencies it would make health services SO much easier for the villages and for Alaska Native Medical Center. Also if our communities Nanwalek and Port Graham had the longer airport built in between the two communities it would also help in village emergencies so a medevac airplane can land there and pick patients up. Also they should offer free time for health aides to talk with behavioral health to debrief or just talk about stress for management. [2]
- b. Need more housing options for low income. We need counseling options for domestic violence survivors & perpetrators. [15]
- c. Mental health services. The center is not adequate. More services for children of drug addict parents that are homeless. [21]

Environmental Wellness: A harmonious and sustainable relationship with immediate surroundings that expands to the natural world.

1. Environmental Health

- a. Protecting our environment is my priority. We can sell trees and halibut, but money will not put them back. Restricting "development" to what really serves the community is part of keeping the quality of human and natural world that makes life here special. [29]
- b. Natural beauty, quiet lifestyle, healthy environment, loving and respectful community are what make Homer precious. We cannot afford too much "development." We need to invite newcomers into this culture if we are to continue creating the fun and warmth, keeping the natural beauty. It's not just about grabbing the biggest fish. [12,29]
- c. Toxic black mold is a huge concern due to the poor construction techniques employed here in Homers cold wet winters & falls. It is in the surrounding environment and definitely found in poorly ventilated structures.

Physical Wellness: The ability to perform daily activities without undue fatigue or physical stress.

1. Substance Abuse and Treatment [repeated in Emotional Wellness]

- a. Alcohol and drug abuse resources are sorely needed in this community. If they are available no one really knows about them. [27]
- b. I believe there is a lack for healthy options for teens. There is a great deal of substance use and social pressures in the teen population in Homer. [16]

- c. I work in healthcare. Substance abuse is the greatest challenge we have. It is draining our resources and we are not making any progress.
- d. After you pass the pre employment drug screening at South Peninsula Hospital they don't ever test you again. If you ask most staff members if they should do random drug testing they respond that you would lose 30%-50% of your staff. That is scary and disgusting. If you or your loved one needs medical care do you want an impaired drug user providing that care? I don't.
- e. We have a major problem in the community with meth & heroin.
- f. There is a huge drug problem.
- g. Narrowing down to 3 aspects of strength that I feel This community has was VERY difficult. Homer has so many strengths. I am very concerned about alcohol and drug abuse.
- h. If the drug and alcohol problems in the area do not improve, we plan to move away in 4 years before our youngest begins school.
- i. Focus on the problem of heroin addiction.
- j. In my opinion and I have heard others in the community speak that Homer and the surrounding areas has a huge drug and alcohol problem that remains unaddressed which leads to other problems. Our schools (the people running the schools as well as the children) need education and ways to make healthy decisions. [27]
- k. The high school is negligent in the drug problem. It might be helpful if mandatory class is taught at high school about teenage brain & pot. [27]
- l. Mental health & substance abuse are huge issues in our community, borough, state & nation. How can we, acting locally, be more proactive & responsive?
- m. Young people have no future here. Only those who can get grant money or have government type positions can live here. Drugs are everywhere. Desperation drives bad behavior. [31]

2. Medical Specialists

- a. With all the technology and equipment at our clinic, why can't we do stress tests here and have Alaska Native Tribal Health Consortium read them in anchorage?
- b. Young families need to have health providers who understand childhood medical issues and are able to establish consistent, healthy, professional, relationships with patients.
- c. We need a pool at the hospital for patients and staff for physical therapy and we need more physical therapists. We have patients that need physical therapy and can't get in to see anyone because they are too busy and can't take any more patients.
- d. Happy to have so many providers.

- e. Need a dermatologist.

3. Recreational Opportunities

- a. If we had options for classes in exercise & different age groups, & male from female. Also a gym.
- b. I feel a community center would be helpful because it would give our children more things to keep them occupied and adults a place to enjoy their children. [21,37,40]
- c. Please help the state park. Lower transportation cost to the state park. [2]
- d. More recreational activities for teens so they don't end up being a drug abuser.
- e. The need for more recreational opportunities for all ages.
- f. Love the rink.
- g. We need a gym or health center that can cater to the working and single mom. Childcare is nonexistent in many options. A ton of families in the community are on a part-time, single parent basis and it would behoove the community to understand that those people need help with their kids to be active and healthy. [21,22,23]
- h. We need a multi-use, year round community center where many community activities can take place while using it for special events (conferences, weddings, etc). This place would be the stage for many proactive family resiliency factors why stimulating the local economy. Lets focus on preventive measures by creating real affordable & accessible healthy options/opportunities that allows the self to pursue and achieve and not the reactive, social service programs which relies on many others. [21,23,31,34,40]
- i. We need a community center at the HERC building! [40]
- j. Need more diverse recreational/tourism opportunities (not all hunt / fish). [29,31]
- k. We need to continue to look at the services we have and how best to pay for them. Recreation for all through the winter months is a necessity! [29]

4. Healthy Lifestyle Opportunities

- a. Sell more full spectrum lights.
- b. Outdoors/activities club for single adults in community who seek to meet others in a healthy, safe environment. [37]
- c. We need a multi-use, year round community center where many community activities can take place while using it for special events (conferences, weddings, etc). This place would be the stage for many proactive family resiliency factors why stimulating the local economy. Lets focus on preventive measures by creating real afford & accessible healthy options/opportunities that allows the self to pursue and achieve and not the reactive, social service programs which relies on many others. [19,21,31,34,40]

5. Trails/Walkability/Cycle-ability

- a. We need more trails for walking and biking.
- b. Would like to see more walkable/cyclable community with roundabouts instead of stoplights.
- c. We need more public transit & walking/biking support.
- d. Safe, low cost place for people to walk - no matter the weather. [40]
- e. We need more trails in town. I'm sorry Homer has not bought land for it like for East End up to Skyline.

Social Wellness: A sense of connection, belonging, safety, and a reliable support system.

1. People Help Each Other

- a. We try to be a generous and quality community. Not bad for the "end of the road."
- b. Small town with small town issues but the people here always have a moment to help someone who needs it.
- c. I'd like our community and its members to actually engage more with people and families in poverty to help improve their lives in the ways that they want and need.

2. Support For Families

- a. Would love to see more family support. Homer's population is 25% <19 years old and yet most representing the decisions of the community are much older. Why aren't we supporting family winter activities instead of overspending with HART surplus? Disappointing.
- b. Addressing the needs of younger working families is crucial, & opportunities for non-art activities needed & sorely lacking. There's a quiet majority who are busy making a living, raising families - needs to be addressed. [10]
- c. Mental health services. The center is not adequate. More services for children of drug addict parents that are homeless. [20]
- d. I feel a community center would be helpful because it would give our children more things to keep them occupied and adults a place to enjoy their children. [19,37,40]
- e. We need a gym or health center that can cater to the working and single mom. Childcare is nonexistent in many options. A ton of families in the community are on a part-time, single parent basis and it would behoove the community to understand that those people need help with their kids to be active and healthy. [19,22,23]
- f. We need a multi-use, year round community center where many community activities can take place while using it for special events (conferences, weddings, etc). This place would be the stage for many proactive family resiliency factors why stimulating the local

economy. Lets focus on preventive measures by creating real affordable & accessible healthy options/opportunities that allows the self to pursue and achieve and not the reactive, social service programs which relies on many others. [19,23,31,34,40]

3. Public Safety

- a. I still have concerns related to police/trooper oversight and lack of management dealing with drug abuse and crime.
- b. Please help women stop being abused by men, and then the men getting released.

4. Americans with Disabilities Act [ADA]

- a. This community would benefit from increasing accessibility for those of us with mobility limitations.
- b. Businesses need to be respectful or more willing to hire disabled individuals.

Spiritual Wellness: *A sense of purpose & meaning in life.*

No specific responses naming spiritual wellness, however spiritual wellness is embedded in every other dimension of wellness.

Other

1. MAPP Feedback

- a. What will amount to this survey, we have done many surveys and things are about the same.
- b. Communication, transparency, positive mentors, healthy physical, mental, spiritual interaction.
- c. Thanks for the mailing!
- d. Why didn't you include this in the expensive mail out?
- e. Survey does not fit Seldovia well. Problem is more complex than this.
- f. Your mailing was impressive & I am grateful for your efforts in our community. I have lived here a long time and wish to continue to.
- g. Thank you for the survey to give input.
- h. Thank you for all that you are doing - the sent materials were great. I especially am happy to see info on ACEs - would like more.
- i. Don't waste money on glossy flyers--the last one went in the trash!!!
- j. Tired of surveys, just do it.
- k. #3 was worded poorly, hard to understand.

- l. Nice survey.
- m. Thanks for asking. I hope you will get input from people who don't have access to all the wonderful things of our community. We have lost a lot of services for people who are struggling. [27]
- n. It would be good if you define the choice options in questions 1 and 2. Some meanings are ambiguous "healthy lifestyle options", "behavioral health".
- o. Yes this questionnaire seems ignorant of math disabilities -that people could not no their income and that some people haven't graduated grammar school, also there is not near enough education/awareness in the community of narcissistic personality disorder and its wide range affects on history - world leaders, and every thing from business and food ethics to sex in all cultures
- p. MAPP rocks. Homer is moving in the right direction, keep up the momentum!!!
- q. Thank you for MAPP!
- r. Thank you for aligning so many agencies on the critical issues.
- s. Thanks for your contribution to making Homer a better place to live.
- t. Thanks for what you do.
- u. This questionnaire is much too long for the health fair.

2. Other Feedback

- a. SVT and PBN hospital are great!
- b. Love it and will live here forever.
- c. Share the Spirit has saved my family with a wonderful Christmas several years! Thank you so much!
- d. Good place to live.
- e. Survey does not fit Seldovia well. Problem is more complex than this.
- f. The community has been good to me, they are a lot of help to me. Thank you.
- g. Maybe Donald Trump could ban the sun from getting too low in the sky.
- h. We are mandated to have health insurance, so question 14 is an unfair question.
- i. Fun fair... keep doing it, lots of good info and keeps getting better.
- j. I love where I live & the people who live here with me.

Ranking Responses and Themes

Methods for Determining Themes

In order to assign themes to the Perception of Community Health free responses and to the strengths and challenges from the March 11th, 2016 Wellness Discussions, the MAPP data team members used and built on the themes identified from the second Themes and Strengths Assessment. If a theme did not exist that accurately captured a comment, an additional theme was created. A total of 42 themes were identified for this third Themes and Strengths iteration, many of which can fit within multiple wellness dimensions.

Themes (Many fall within multiple Wellness Dimensions)

1. Jobs & Economic Opportunities
2. Public Transportation
3. Substance Abuse
4. Access to Job Training & Higher Education
5. Access to Healthy Food
6. Access to Health Care
7. Elder Care
8. Cultural Diversity
9. Respect for Varied Viewpoints
10. Cultural Arts & Opportunities
11. People Help Each Other
12. Natural Beauty
13. Private/Public Non-Profits
14. Religious/Spiritual Opportunities
15. Housing
16. Teen Activities
17. Medical Specialists
18. Schools (Accessibility, Diverse Options)
19. Recreational Opportunities
20. Behavioral Health & Services
21. Support for Families
22. Childcare
23. Healthy Lifestyle Opportunities
24. Environmental Health
25. Trails/Walkability/Cycle-ability
26. MAPP Feedback
27. Community Education & Outreach
28. Other Feedback
29. Sustainability
30. Public Safety
31. Economic Health
32. ADA Compliance
33. Collaborative Mindset
34. Prevention Focus
35. Lifespan Inclusive
36. Non-profit & Business Support of Community
37. Social Connections
38. Accountability
39. Intentional Sense of Place
40. Built Environment
41. Changing Demographics
42. Physical Health

Methods for Ranking Responses and Themes

In order to determine the highest ranking responses from the Perceptions of Community Health survey, the highest ranking themes from the Wellness Discussions, and a combined overall ranking of both, a numerical value based on the frequency of response (or theme) was assigned to survey answer choices and discussion themes (42 themes listed above). For example, if Economic Costs was selected the most frequently for a particular survey question, it was assigned a rank of 5, while the next most frequently selected response received a rank of 4, down to the 5th most selected response, if information was available. This same process was used for the frequency of discussion themes. This method resulted in the ranking of community health themes shown below.

Results: Highest Ranking Responses from the 2015 Perceptions of Community Health Survey

Highest Ranking	2 nd Highest Ranking	3 rd Highest Ranking
1. Substance Abuse and Treatment	2. Jobs and Economic Opportunities	3. Public Transportation
	2. Natural Beauty	3. Public Safety
	2. Physical Health	3. Behavioral Health & Services
	2. Access to Job Training and Higher Education	3. Sustainability (Economic and Environmental Health)
		3. People Help Each Other

Results: Highest Ranking Themes from the 2016 Wellness Discussions

Highest Ranking	2 nd Highest Ranking	3 rd Highest Ranking	4 th Highest Ranking
1. Economic Health	2. Sustainability (Economic and Environmental)	3. Respect for Varied Viewpoints	4. Built Environment
		3. Recreational Opportunities	4. Social Connections

How to Use Results

The primary roles of the Community Themes and Strengths Assessment are to identify the issues that community members feel are important related to the overall health of the community and to assess these trends over time. This sub-assessment can provide a shared frame of reference and understanding of community perceptions and be used to facilitate communication and sharing among programs, partners, and organizations to help build commitment and focus for setting priorities for the broader community or specific focus populations.

With the defining of the 8 Dimensions of Wellness, it is an aim of the MAPP CHNA process and results going forward to continue shifting the community discussions and information-gathering to those of wellness and what we want to see in the community.

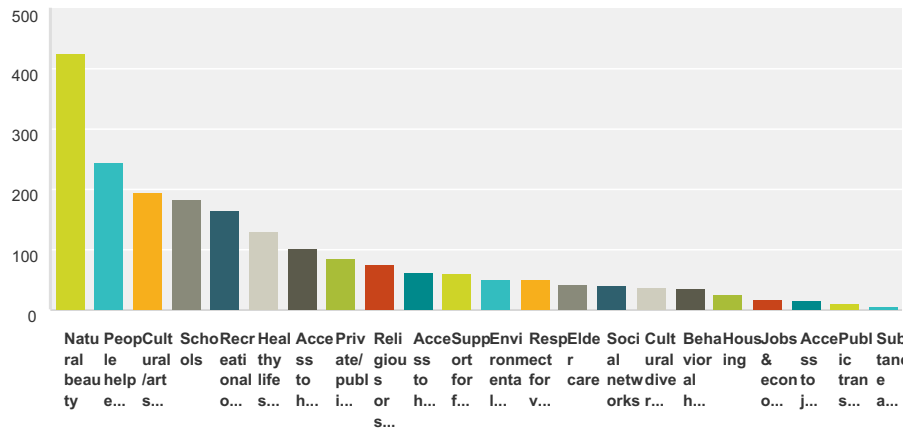
Appendix A: Perceptions of Community Health Survey Results for All Respondents

Perceptions of Community Health Survey 2015

SurveyMonkey

Q1 Which THREE aspects below are our community's greatest strengths?

Answered: 680 Skipped: 7



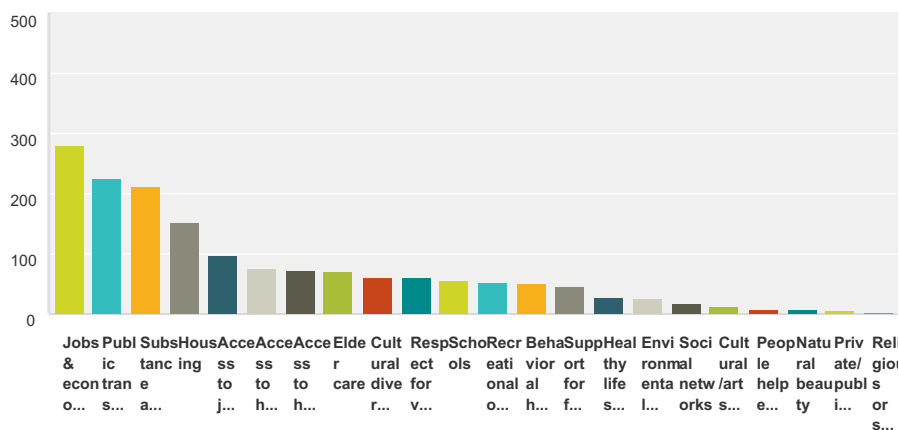
Answer Choices	Responses	Count
Natural beauty	62.65%	426
People help each other	35.88%	244
Cultural/arts opportunities	28.82%	196
Schools	26.91%	183
Recreational opportunities	24.41%	166
Healthy lifestyle opportunities	18.97%	129
Access to healthcare	15.15%	103
Private/public nonprofit organizations	12.50%	85
Religious or spiritual opportunities	11.03%	75
Access to healthy food	9.26%	63
Support for families	8.97%	61
Environmental health	7.35%	50
Respect for varied viewpoints	7.35%	50
Elder care	6.32%	43
Social networks	5.88%	40
Cultural diversity	5.59%	38
Behavioral health services	5.15%	35
Housing	3.53%	24
Jobs & economic opportunities	2.50%	17
Access to job training & higher education	2.35%	16

Public transport	1.47%	10
Substance abuse treatment	0.88%	6
Total Respondents: 680		

#	Other (please specify)	Date
1	Living so closely connected to the natural world	1/20/2016 9:49 PM
2	NEED A SWIMMING POOL AT THE HOSPITAL FOR PATIENTS AND STAFF	12/30/2015 9:48 AM
3	Food bank	12/29/2015 9:27 AM
4	Safety	12/28/2015 4:36 PM
5	The library	12/28/2015 2:04 PM
6	Really choes not very appropriate for Seldovia!	12/23/2015 11:05 AM
7	Charitable giving to non-profits	12/13/2015 8:30 PM
8	Local artisans, craftsmen, farmers, etc...	12/9/2015 10:50 PM
9	Small town	12/9/2015 11:33 AM
10	Access to nature, sea & protected wilderness	11/12/2015 7:35 PM
11	I want to pick more than 3!!	11/12/2015 10:33 AM
12	1. use school busses when not in service, 2. the people!	11/11/2015 10:27 PM
13	fishing community	11/11/2015 1:55 PM
14	alternative healthcare options	11/9/2015 4:44 PM
15	Volunteers	11/9/2015 4:29 PM
16	Access to health care services	11/5/2015 1:53 PM

Q2 Which THREE aspects of our community most need to be improved?

Answered: 590 Skipped: 97



Answer Choices	Responses
Jobs & economic opportunities	47.46% 280
Public transport	38.31% 226

Perceptions of Community Health Survey 2015

SurveyMonkey

Substance abuse treatment	36.10%	213
Housing	25.76%	152
Access to job training & higher education	16.61%	98
Access to healthy food	12.54%	74
Access to healthcare	12.37%	73
Elder care	11.69%	69
Cultural diversity	10.34%	61
Respect for varied viewpoints	10.17%	60
Schools	9.49%	56
Recreational opportunities	8.98%	53
Behavioral health services	8.64%	51
Support for families	7.46%	44
Healthy lifestyle opportunities	4.58%	27
Environmental health	4.41%	26
Social networks	2.88%	17
Cultural/arts opportunities	2.03%	12
People help each other	1.36%	8
Natural beauty	1.19%	7
Private/public nonprofit organizations	0.85%	5
Religious or spiritual opportunities	0.34%	2
Total Respondents: 590		

#	Other (please specify)	Date
1	housing	1/20/2016 11:50 PM
2	I travel in and out of the village to work	1/20/2016 9:49 PM
3	*Need Quality healthcare; professional,experienced and consistent care.	1/14/2016 10:38 PM
4	Family housing	1/11/2016 12:45 PM
5	Consolidation of many non profits	1/11/2016 12:38 PM
6	Need more trails & a public, affordable gym	1/11/2016 12:36 PM
7	Safety on roads. Why aren't there guardrails on west hill? Protecting people from the bluff by Dutch Boy Landscaping, etc.	1/6/2016 5:44 PM
8	PHYSICAL THERAPY/ WATER THERAPY WE DON'T HAVE A POOL AT THE HOSPITAL	12/30/2015 9:48 AM
9	Family	12/29/2015 11:15 AM
10	Youth center, community building projects	12/29/2015 11:06 AM
11	Community center, youth center, community building projects	12/29/2015 11:03 AM
12	Substance abuse	12/29/2015 10:04 AM
13	Roads	12/29/2015 9:34 AM

Perceptions of Community Health Survey 2015

SurveyMonkey

14	Homelessness	12/29/2015 9:32 AM
15	Homelessness, kids hangouts, teen center	12/29/2015 9:27 AM
16	Homeless shelters for men or families with fathers	12/29/2015 9:13 AM
17	Walkable city	12/28/2015 4:41 PM
18	Better state parks, support for state parks	12/28/2015 4:39 PM
19	Reduction of the liberal approach by local govt - better listen to constituents re: public hearings for taxes, budget, cannabis law. Mountain road maintenance, active rec center	12/28/2015 4:36 PM
20	Marine traders boat building, sailing international polar vessel, make Homer an international polar science center	12/28/2015 4:23 PM
21	Community trade, center for bath/shower/laundry/massage/uplift	12/28/2015 4:12 PM
22	Religious unity	12/28/2015 2:13 PM
23	Homeless shelter, health insurance costs in AK	12/28/2015 2:04 PM
24	Safety nets for neglected youth	12/28/2015 1:59 PM
25	City budget	12/28/2015 1:56 PM
26	law enforcement & crime prevention	12/28/2015 12:23 PM
27	Homelessness	12/28/2015 12:09 PM
28	Hiking trails	12/28/2015 12:00 PM
29	More community rec activities	12/28/2015 11:38 AM
30	Support for divorce, dance opportunities	12/28/2015 11:27 AM
31	Support for single people	12/28/2015 11:22 AM
32	Assistance for disabled, teen activities, adult entertainment other than bars	12/28/2015 11:03 AM
33	Recreation for teens	12/28/2015 10:57 AM
34	We need better, less corrupt city government.	12/23/2015 6:13 PM
35	High school grades. Need more families which means need more job opportunities which leads to job training etc.	12/23/2015 11:05 AM
36	Access to affordable healthy foods	12/18/2015 3:48 PM
37	Activities for youth, sidewalks, nice town center	12/18/2015 3:43 PM
38	Jobs for those 18-35	12/18/2015 3:30 PM
39	The Center	12/18/2015 2:38 PM
40	2-Police/law enforcement/court's functioning and 3- city government	12/15/2015 10:10 AM
41	community gathering center	12/15/2015 8:45 AM
42	Continued Access to healthcare	12/14/2015 9:20 AM
43	More people need to support our local animal shelter	12/14/2015 9:13 AM
44	homelessness	12/12/2015 2:02 PM
45	Better food	12/9/2015 12:42 PM
46	Homeless housing	12/9/2015 12:20 PM
47	Jobs + drugs	12/9/2015 11:33 AM
48	Domestic violence	12/9/2015 11:26 AM
49	Affordable housing	12/9/2015 10:56 AM
50	Access to healthy food in winter	12/9/2015 10:49 AM
51	Cheaper healthy food	12/8/2015 9:05 PM
52	Access to healthcare for seniors	12/8/2015 8:56 PM
53	Entry level jobs specifically	12/8/2015 8:39 PM

Perceptions of Community Health Survey 2015

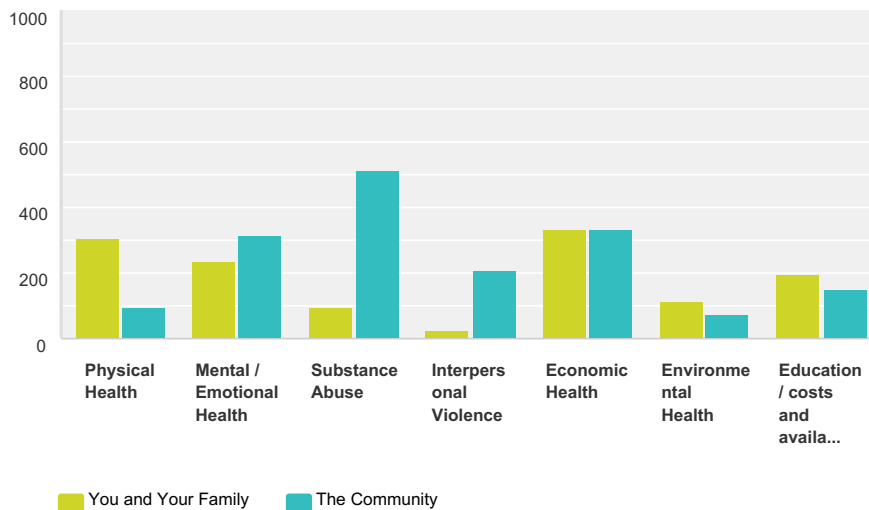
SurveyMonkey

54	Teen housing	12/8/2015 8:21 PM
55	Homeless support	12/8/2015 8:15 PM
56	Public bathrooms, # of charter schools, fundraising avenues	12/8/2015 8:06 PM
57	Youth access to healthcare	12/8/2015 8:04 PM
58	Housing for homeless	12/8/2015 8:01 PM
59	Opportunities for teens outside of schools.	12/8/2015 7:47 PM
60	Awareness of domestic violence	12/8/2015 9:48 AM
61	Rapidly growing population; we need to teach newcomers Homer's respectful, help-one-another culture.	12/8/2015 7:17 AM
62	salmon and Halibut protection	12/7/2015 10:30 AM
63	Safety and respect between drivers, bikers and pedestrians	12/5/2015 11:09 AM
64	access to reliable internet/tv	12/4/2015 11:08 AM
65	healthy options for teens	12/1/2015 7:30 PM
66	affordable housing; more trails accessible on Homer side of bay (vs. across bay)	12/1/2015 4:57 PM
67	checking healthcare is to suggest the whole system should be single payer	11/30/2015 1:31 PM
68	More access to everything for people who live in poverty.	11/29/2015 7:57 PM
69	Affordable housing	11/29/2015 7:09 PM
70	more depth, more meaning, more soul,more punctuation - more yes and more no	11/26/2015 9:06 AM
71	Affordable Healthcare access	11/17/2015 11:55 AM
72	Homeless shelter for men	11/12/2015 8:26 AM
73	more focus on affordable after school care for youth in the vulberable 'tween' ages. i.e. filling the void where Boys & Girls Club used to be.	11/12/2015 7:36 AM
74	1. personal relations, 2. unity	11/11/2015 10:29 PM
75	1. trails for walking/biking, 2. parks, 3. public transportation	11/11/2015 10:27 PM
76	1. Mental healthcare options, 2. public transportation would be nice but is unlikely due to small population base, 3. substance abuse / meth, heroin is apparently epidemic. how do we address that?	11/11/2015 10:22 PM
77	1. cost of living	11/11/2015 8:16 PM
78	1. Stuff for teens	11/11/2015 8:13 PM
79	roadway maintenance, rising cost of everything	11/11/2015 3:11 PM
80	Childcare	11/11/2015 2:40 PM
81	More running/biking trails	11/11/2015 2:36 PM
82	Bikes & run trails in the summer	11/11/2015 2:25 PM
83	1. Drug abuse, 2. bike lanes, 3. violence	11/11/2015 2:12 PM
84	Less government	11/11/2015 2:11 PM
85	1. domestic violence, 2. homelessness	11/11/2015 2:10 PM
86	Free healthcare	11/11/2015 1:57 PM
87	improved education system that supports families	11/11/2015 1:55 PM
88	childcare	11/11/2015 1:51 PM
89	community center	11/11/2015 1:47 PM
90	care for homeless	11/11/2015 1:40 PM
91	Senior housing for 65+	11/10/2015 11:43 AM
92	Adult education programs	11/10/2015 11:39 AM

93	Job training for homeless	11/10/2015 11:29 AM
94	Funding, jobs for youth, cost of living	11/10/2015 11:09 AM
95	Access to healthy food for low income*	11/10/2015 10:58 AM
96	Winter road maintenance	11/10/2015 9:48 AM
97	Homelessness especially teens, free or extremely low charge for fixed income elderly or families with young children	11/10/2015 9:47 AM
98	City needs to keep some land for trails & stop selling everything	11/9/2015 4:24 PM
99	Rates of taxation	11/9/2015 3:13 PM
100	1. Bike routes	11/9/2015 2:09 PM
101	1. Job training	11/9/2015 2:02 PM
102	Shopping	11/9/2015 11:44 AM
103	1. cheaper Doctors, 2. walmart store	11/9/2015 10:23 AM
104	1. none, but need to reform taxes & pensions to reduce tax burden	11/9/2015 10:19 AM
105	1. community space	11/9/2015 10:10 AM
106	1. Paths for running, 2. recreational opportunities for single people	11/9/2015 9:52 AM
107	addressing systematic processes that do not support community members (let's support self-care, TIC, organizational well-being, etc)	11/5/2015 1:25 PM

Q3 Please indicate the THREE factors that MOST NEGATIVELY affect the health of you and your family and the THREE factors that MOST NEGATIVELY affect the health of the community.

Answered: 649 Skipped: 38



	You and Your Family	The Community	Total Respondents
Physical Health	86.24% 307	26.69% 95	356
Mental / Emotional Health	56.03% 237	74.47% 315	423

Perceptions of Community Health Survey 2015

SurveyMonkey

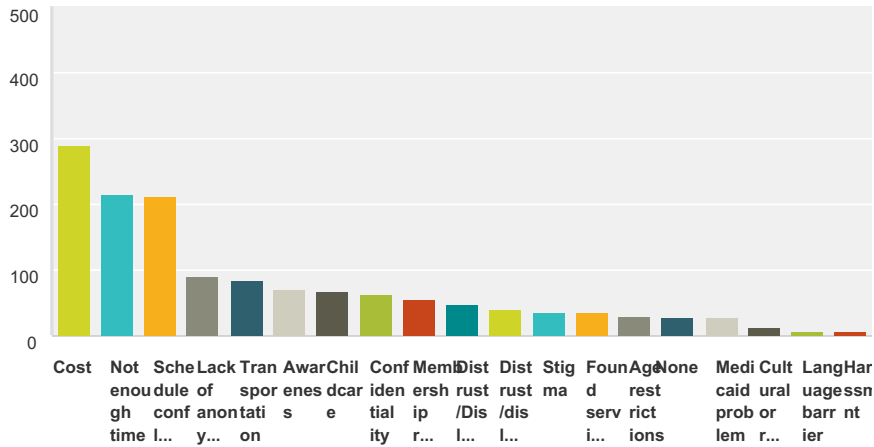
Substance Abuse	17.55% 93	96.79% 513	530
Interpersonal Violence	11.47% 25	95.87% 209	218
Economic Health	71.73% 335	71.52% 334	467
Environmental Health	73.42% 116	48.10% 76	158
Education / costs and availability	73.13% 196	55.97% 150	268

#	Other (please specify)	Date
1	Me and my family = work family in Port Graham	1/20/2016 9:49 PM
2	Ideclining AMHS service, affordable transportation to Homer and elsewhere, to receive medical services, especially specialists. Barriers to referrals, when patients need professional competent care.	1/14/2016 10:38 PM
3	Transportation	1/11/2016 12:53 PM
4	Economic opportunity	1/7/2016 1:27 PM
5	NEED MORE PHYSICAL THERAPY AND A POOL AT THE HOSPITAL FOR PATIENTS AND STAFF	12/30/2015 9:48 AM
6	Corruption of law enforcement	12/29/2015 10:31 AM
7	Lack of commerce in winter	12/28/2015 4:36 PM
8	Lack of safe indoor exercise place for children & young adults to learn to keep healthy	12/28/2015 4:28 PM
9	lack of christian unity in love among the different denominations	12/28/2015 2:13 PM
10	Affordable transportation	12/28/2015 2:04 PM
11	Distance from family	12/28/2015 1:59 PM
12	Need a daily street sweep through Centurion drive on Virginia Ave	12/28/2015 1:53 PM
13	Aging elders	12/28/2015 12:28 PM
14	Respect for your neighbor	12/28/2015 12:23 PM
15	(community) elder care	12/28/2015 11:03 AM
16	Community Homelessness	12/28/2015 10:28 AM
17	no doctor in town, cost of travel in and out of town	12/23/2015 11:05 AM
18	huge heroin and meth abuse issues in this communitiy, leads to desintegration of families and increases crime in our community	12/22/2015 8:42 AM
19	(Self) Employment, (Community) Cost of living	12/18/2015 3:00 PM
20	Stress	12/18/2015 2:53 PM
21	quality of public education is poor. Options are few	12/15/2015 2:10 PM
22	our family is not negatively affected health wise	12/15/2015 10:10 AM
23	good follow through w/personal health care	12/14/2015 7:46 PM
24	(Community) Healthcare costs in AK	12/9/2015 12:40 PM
25	Drugs	12/9/2015 11:33 AM
26	Distance from family	12/9/2015 11:17 AM
27	(community) Homelessness	12/8/2015 8:59 PM
28	Newcomers who do not understand community	12/8/2015 7:17 AM
29	Again Health care all aspects in this country is dysfunctional	11/30/2015 1:31 PM

30	Cost	11/29/2015 10:03 PM
31	Speaking on for the community, homelessness and resources/opportunities for teens in who don't have support at home or are in at risk home environments.	11/29/2015 7:09 PM
32	the punctuation between healthy and unhealthy	11/26/2015 9:06 AM
33	Limited options in elder care	11/24/2015 8:56 AM
34	homeless teens	11/18/2015 11:32 PM
35	Homeless	11/18/2015 10:32 PM
36	Can't think of 3 for me and family	11/16/2015 3:56 PM
37	Job availability (assume this is under economic health)	11/12/2015 4:36 PM
38	poverty	11/11/2015 10:29 PM
39	hospital (family & community columns)	11/11/2015 8:22 PM
40	Poor outlook on future	11/11/2015 8:16 PM
41	distance from family	11/11/2015 4:31 PM
42	lack of recreational opportunities	11/11/2015 3:11 PM
43	Distance from others	11/11/2015 3:05 PM
44	Affordable healthcare	11/11/2015 3:03 PM
45	City overreaching expenses	11/11/2015 2:55 PM
46	Community: Too many hand outs encourage people not to work	11/11/2015 2:32 PM
47	Availability of trails	11/11/2015 2:25 PM
48	no community center	11/11/2015 2:14 PM
49	Community: Lack of awareness of what is available amazing in a town with 2 newspapers + KBBI	11/11/2015 2:04 PM
50	Healthcare costs	11/11/2015 2:00 PM
51	in town walkability	11/11/2015 1:47 PM
52	The hospital	11/10/2015 11:50 AM
53	disability respect	11/10/2015 11:32 AM
54	Healthcare costs	11/10/2015 9:48 AM
55	Community cliques	11/9/2015 4:07 PM
56	Living on a fixed income	11/9/2015 3:13 PM
57	Drug store monopolies	11/9/2015 2:53 PM
58	STRESS, not properly dealing w emotions & stress	11/5/2015 1:25 PM

Q4 Do any of the following prevent you from using services or activities that are available in our community?

Answered: 567 Skipped: 120



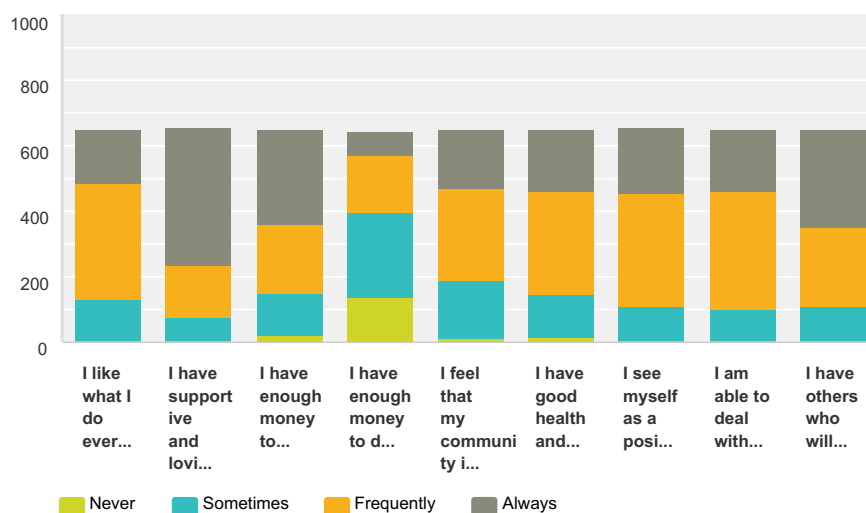
Answer Choices	Responses
Cost	50.97% 289
Not enough time	37.92% 215
Schedule conflicts	37.57% 213
Lack of anonymity	15.70% 89
Transportation	15.17% 86
Awareness	12.52% 71
Childcare	11.82% 67
Confidentiality	11.11% 63
Membership restrictions	9.52% 54
Distrust/Dislike agency or provider	8.47% 48
Distrust/dislike agency or provider	6.88% 39
Stigma	6.17% 35
Found services elsewhere	6.17% 35
Age restrictions	5.47% 31
None	4.94% 28
Medicaid problem	4.76% 27
Cultural or religious convictions	2.12% 12
Language barrier	1.23% 7
Harassment	1.23% 7
Total Respondents: 567	

#	Other (please specify)	Date
1	I know this is what prevents many community members	1/20/2016 9:49 PM
2	inconsistent,unreliable and inexperienced with needs if our community members, especially our children/families.	1/14/2016 10:38 PM
3	Health	12/29/2015 11:22 AM

4	Too far to drive	12/29/2015 11:08 AM
5	Would be great to have placards on community highlights like burning basket. Protect this habitat education boards in town & on spit to help visitors appreciate the area. Similar to signs at Hornaday & Coastal Center	12/28/2015 4:36 PM
6	indoor, open, airy exercise place	12/28/2015 4:28 PM
7	Elder care	12/28/2015 1:25 PM
8	laziness	12/15/2015 2:10 PM
9	Hospital Staff using drugs and alcohol	12/14/2015 12:36 PM
10	Not enough CASH. If you are on SSI and receive APA, it's \$1085 per month, and it's not changed in 15 YEARS, except SSI has gone up about \$50 ANNUALLY. If you do not receive enough food stamps, cannot eat food bank foods due to health problems, and are not getting housing ... you are screwed. There's no money for clothing, a car, gas, UNDERWEAR ... nothing. You just sit, day after day, doing nothing. Cannot even afford to go help as a volunteer, no public transport, no funds for cabs .. it's isolation of the worst sort. WHY hasn't APA gone up? No one can live with so little cash in this economy, not unless they turn to some sort of criminal or 'under the table' activity! No one likes being forced to be like that either! It's like being forced to be a prostitute just to feed your kid, and it DOES lead to a deep sorrow that many address with booze, drugs and other bad behavior. No one cares. And, it shows.	12/14/2015 12:38 AM
11	services unavailable in our area. Require travel.	12/9/2015 2:19 PM
12	Availability of therapists	12/9/2015 11:10 AM
13	medical choices of providers	12/7/2015 10:30 AM
14	no punctuation in where you go between emotional abuse and mental illness	11/26/2015 9:06 AM
15	Monopoly at SPH is disturbing. All referrals from HMC now directly to SPH. No transparency or community mindedness	11/20/2015 1:41 PM
16	Lack of adequate facility	11/12/2015 7:33 AM

Q5 Please rate the following statements for yourself:

Answered: 658 Skipped: 29

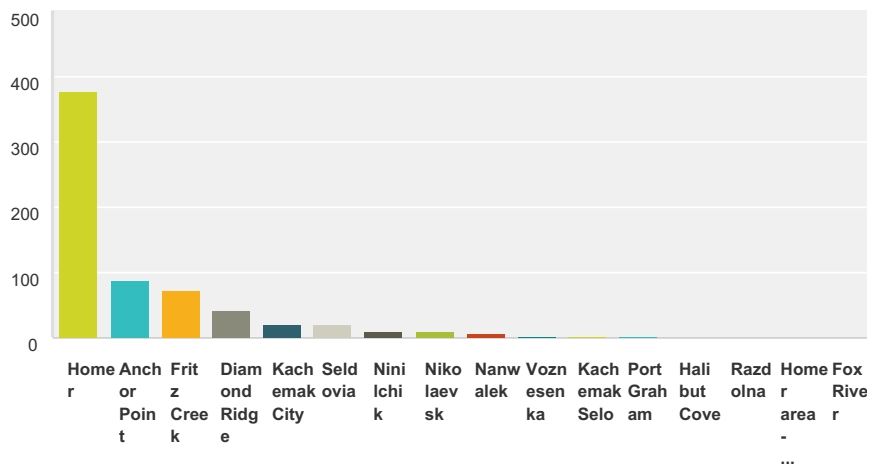


	Never	Sometimes	Frequently	Always	Total	Weighted Average
I like what I do every day and I feel motivated to achieve my goals.	1.08% 7	18.77% 122	54.77% 356	25.38% 165	650	3.04
I have supportive and loving relationships in my life.	1.07% 7	10.11% 66	24.96% 163	63.86% 417	653	3.52

I have enough money to provide for my basic needs.	2.91% 19	19.79% 129	32.67% 213	44.63% 291	652	3.19
I have enough money to do everything I want to do.	20.59% 133	40.56% 262	27.24% 176	11.61% 75	646	2.30
I feel that my community is the perfect place for me.	1.38% 9	27.45% 179	43.10% 281	28.07% 183	652	2.98
I have good health and enough energy to get things done daily.	2.31% 15	19.88% 129	48.38% 314	29.43% 191	649	3.05
I see myself as a positive role model.	0.92% 6	15.93% 104	52.99% 346	30.17% 197	653	3.12
I am able to deal with general life stresses.	0.61% 4	14.88% 97	55.21% 360	29.29% 191	652	3.13
I have others who will listen when I need help.	1.08% 7	16.02% 104	36.52% 237	46.38% 301	649	3.28

Q6 In what community do you live?

Answered: 657 Skipped: 30



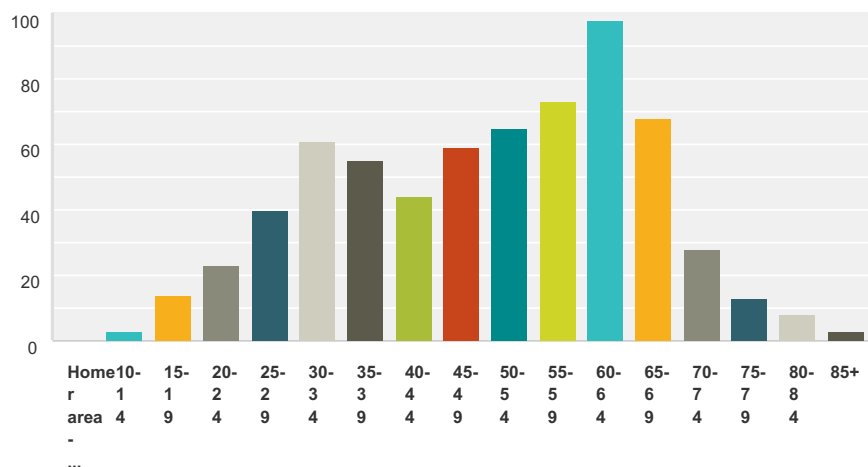
Answer Choices	Responses
Homer	57.53% 378
Anchor Point	13.39% 88
Fritz Creek	10.96% 72
Diamond Ridge	6.39% 42
Kachemak City	3.20% 21
Seldovia	3.04% 20
Ninilchik	1.67% 11
Nikolaevsk	1.37% 9
Nanwalek	1.07% 7

Voznesenka	0.46%	3
Kachemak Selo	0.30%	2
Port Graham	0.30%	2
Halibut Cove	0.15%	1
Razdolna	0.15%	1
Homer area - outside city limits	0.00%	0
Fox River	0.00%	0
Total		657

#	Other (please specify)	Date
1	But work in Port Graham	1/20/2016 9:49 PM
2	Happy Valley	12/29/2015 10:23 AM
3	Borough	12/29/2015 9:11 AM
4	homer	12/22/2015 8:42 AM
5	but i work in Homer	12/15/2015 11:14 AM
6	Sterling	12/14/2015 9:13 AM
7	Skyline Drive	12/13/2015 10:27 PM
8	East End Rd past Fritz Creek	12/9/2015 1:06 PM
9	And Halibut Cove	12/9/2015 9:29 AM
10	homer area	11/26/2015 9:06 AM
11	22 mile east road, but not Voz	11/11/2015 4:31 PM
12	Ohlson Mountain	11/11/2015 2:40 PM
13	Community of Homer, residence on North Fork	11/10/2015 4:04 PM
14	McNeil Canyon	11/9/2015 12:05 PM

Q7 What is your age?

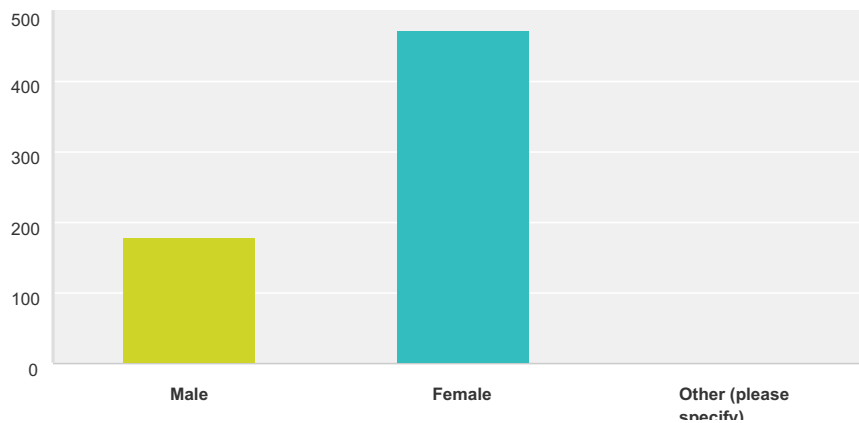
Answered: 655 Skipped: 32



Answer Choices	Responses
Homer area - outside city limits	0.00% 0
10-14	0.46% 3
15-19	2.14% 14
20-24	3.51% 23
25-29	6.11% 40
30-34	9.31% 61
35-39	8.40% 55
40-44	6.72% 44
45-49	9.01% 59
50-54	9.92% 65
55-59	11.15% 73
60-64	14.96% 98
65-69	10.38% 68
70-74	4.27% 28
75-79	1.98% 13
80-84	1.22% 8
85+	0.46% 3
Total	655

Q8 What is your gender?

Answered: 649 Skipped: 38



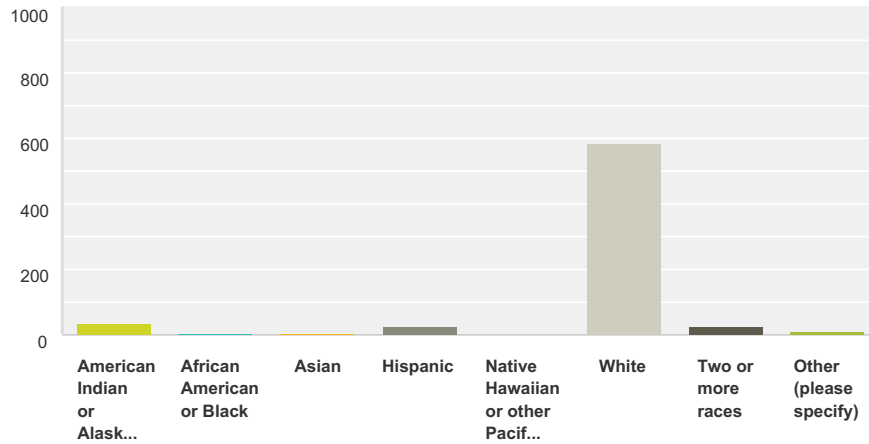
Answer Choices	Responses
Male	27.43% 178
Female	72.57% 471
Other (please specify)	0.00% 0

Total	649
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#	Other (please specify)	Date
	There are no responses.	

Q9 What is your race?

Answered: 649 Skipped: 38



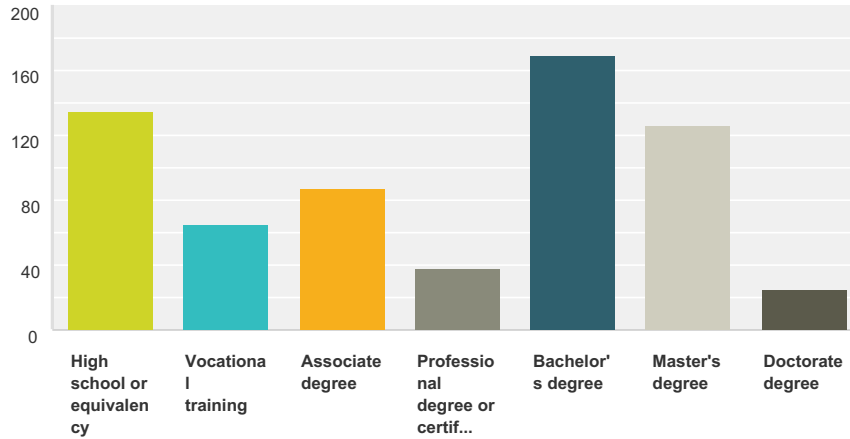
Answer Choices	Responses
American Indian or Alaska Native	5.55% 36
African American or Black	0.46% 3
Asian	0.46% 3
Hispanic	4.01% 26
Native Hawaiian or other Pacific Islander	0.15% 1
White	90.14% 585
Two or more races	3.85% 25
Other (please specify)	1.54% 10
Total Respondents: 649	

#	Other (please specify)	Date
1	n.a	2/1/2016 2:19 PM
2	1/2 Portuguese	12/28/2015 4:28 PM
3	German, English, Scot-Irish, mexican	12/20/2015 8:00 PM
4	Caucasion	12/14/2015 7:46 PM
5	HUMAN	12/14/2015 12:38 AM
6	have very small amount of native american.	12/9/2015 5:16 PM
7	Human	12/9/2015 3:17 PM
8	Latino	11/12/2015 7:35 PM

9	human	11/12/2015 7:36 AM
10	Irish	11/11/2015 1:25 PM

Q10 What is the highest level of education you've completed?

Answered: 645 Skipped: 42

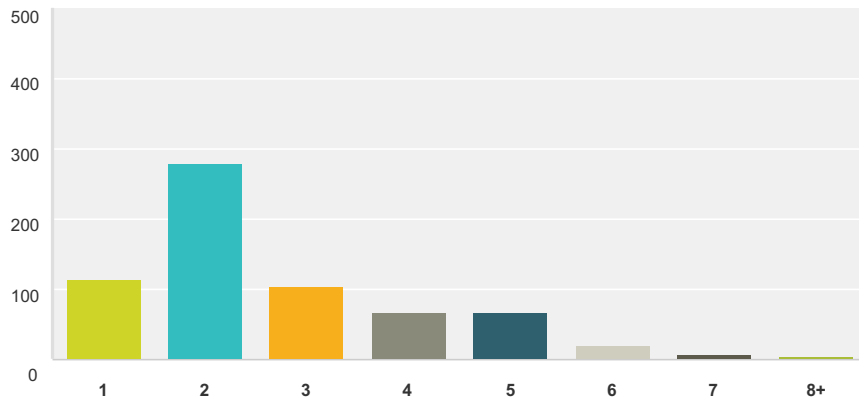


Answer Choices	Responses
High school or equivalency	20.93% 135
Vocational training	10.08% 65
Associate degree	13.49% 87
Professional degree or certificate	5.89% 38
Bachelor's degree	26.20% 169
Master's degree	19.53% 126
Doctorate degree	3.88% 25
Total	645

Q11 How many people currently live in your household?

Answered: 663 Skipped: 24

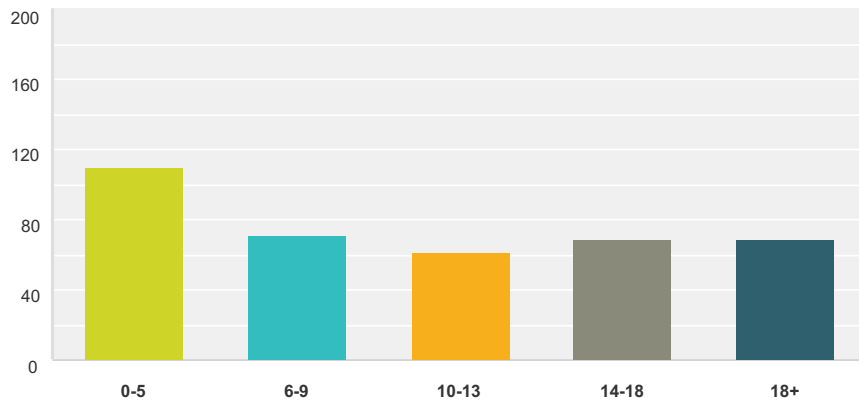
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Answer Choices	Responses	
1	17.19%	114
2	41.93%	278
3	15.69%	104
4	10.11%	67
5	10.11%	67
6	3.32%	22
7	1.06%	7
8+	0.60%	4
Total		663

Q12 If children living in household, in what age brackets are they?

Answered: 277 Skipped: 410

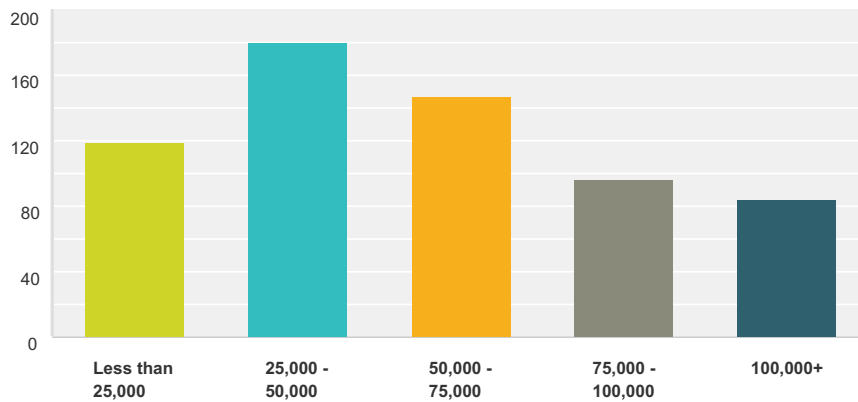


Answer Choices	Responses	
0-5	39.71%	110
6-9	25.63%	71

10-13	22.02%	61
14-18	24.91%	69
18+	24.91%	69
Total Respondents: 277		

Q13 What is your approximate annual household income?

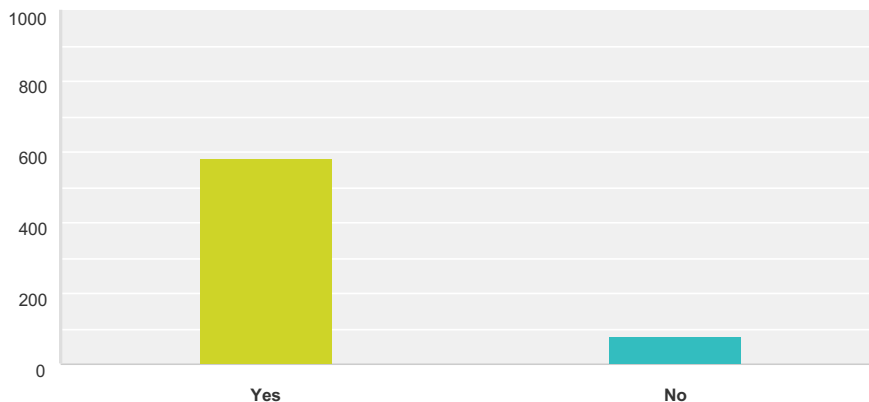
Answered: 626 Skipped: 61



Answer Choices	Responses	Count
Less than 25,000	19.01%	119
25,000 - 50,000	28.75%	180
50,000 - 75,000	23.48%	147
75,000 - 100,000	15.34%	96
100,000+	13.42%	84
Total		626

Q14 Do you have health insurance? (of any type: private, public, military, Native, Medicaid or Medicare)

Answered: 660 Skipped: 27



Answer Choices	Responses	
Yes	88.33%	583
No	11.67%	77
Total		660

Q15 Do you have additional comments or suggestions?

Answered: 131 Skipped: 556

#	Responses	Date
1	with all the technology and equipment at our clinic, why can't we do stress tests here and have anmc read them in anchorage?	1/21/2016 10:37 PM
2	What will amount to this survey, we have done many surveys and things are about the same.	1/21/2016 1:35 PM
3	Young families need to have health providers who understand childhood medical issues and are able to establish consistent, healthy,professional, relationships with patients.	1/14/2016 10:38 PM
4	SVT and PBN hosp are great!	1/11/2016 1:21 PM
5	If we had options for classes in exercise & different age groups, & male from female. Also a gym.	1/11/2016 1:15 PM
6	It disgusts me how low people's standards are in Homer. Why is it okay for people to not shower and go to town? Why is it okay to wear your pajamas to Safeway? Why is it okay that almost all the bulidings in town are old and rotting? Why is it okay that all the houses are cringe worthy? Why is it okay that no one has a nice yard in the summer and has a million things in their yards? Why is it okay that our standards are so low that anyone with subpar standards would be sickened? Get it together. Have some dignity. Tyvek is not a house siding. Xtratufs are not every day shoes. Cleanliness isn't a bad thing. Make up is not your enemy. Hair dye won't kill you, and neither will spending more than 5 minutes to get ready. Dreadlocks don't make your hair look better when you don't wash it. Homer needs to raise its standards. You people pride yourselves on healthiness on the inside while everything on the outside of you makes me want to puke.	1/6/2016 5:44 PM
7	It would be AMAZING if Homer, AK had a helicopter for village emergencies it would make health services SO much easier for the villages and for ANMC. Also if our communities Nanwalek and Port Graham had the longer airport built in between the two communities it would also help in village emergencies so a medevac airplane can land there and pick patients up. Also they should offer free time for health aides to talk with behavioral health to debrief or just talk about stress for management.	1/2/2016 9:21 PM
8	WE NEED A POOL AT THE HOSPITAL FOR PATIENS AND STAFF FOR PHYSICAL THERAPY AND WE NEED MORE PHYSICAL THERAPISTS. WE HAVE PATIENTS THAT NEED PHYSICAL THERAPY AND CAN'T GET IN TO SEE ANYONE BECAUSE THEY ARE TOO BUSY AND CAN'T TAKE ANY MORE PATIENTS	12/30/2015 9:48 AM
9	More helping at schools	12/29/2015 11:06 AM

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10	I feel a community center would be helpful because it would give our children more things to keep them occupied and adults a place to enjoy their children.	12/29/2015 11:03 AM
11	Love it and will live here forever	12/29/2015 10:50 AM
12	Share the Spirit has saved my family with a wonderful Christmas several years! Thank you so much!	12/29/2015 9:08 AM
13	We need more trails for walking and biking	12/28/2015 4:41 PM
14	Please help the state park. Lower transportation cost to the state park.	12/28/2015 4:39 PM
15	Would love to see more family support. Homer's population is 25% <19 yrs old and yet most representing the decisions of the community are much older. Why aren't we supporting family winter activities instead of overspending with HART surplus? Disappointing.	12/28/2015 4:36 PM
16	Communication, transparency, positive mentors, healthy physical, mental, spiritual interaction	12/28/2015 4:28 PM
17	Develop more marine vocational training leading into building a polar class vessel for our youth to explore the ice edge in the north. Connect our science & vocational students + adults	12/28/2015 4:23 PM
18	Local cannabis education and consumption centers	12/28/2015 4:22 PM
19	As we deal with the new cannabis regulations the community should have a "social club" and cannabis education seminars for locals and visitors. I've worked with cannabis eco-tours for years and it would greatly benefit Homer area diversing our economy.	12/28/2015 4:21 PM
20	More public knowledge of available help for mental health. Free saunas for people who are losing their minds because they are broke. A community heated greenhouse that teaches permaculture.	12/28/2015 4:12 PM
21	Unity of all Christians under Jesus & dump the denominations and all their divisive theology and just learn to simply do what Jesus taught us to do, and learn from experiences with them.	12/28/2015 2:13 PM
22	As oil money declines, we need to sustain the city. Budgets, not decrease it. Income tax.	12/28/2015 1:56 PM
23	More recreational activities for teens so they don't end up being a drug abuser.	12/28/2015 1:53 PM
24	The need for more recreational opportunities for all ages.	12/28/2015 1:38 PM
25	Addressing the needs of younger working families is crucial, & opportunities for non-art activities needed & sorely lacking. There's a quiet majority who are busy making a living, raising families - needs to be addressed	12/28/2015 1:21 PM
26	Sell more full spectrum lights	12/28/2015 12:28 PM
27	Homer is growing fast, with influences from larger communities both inside and outside. Many of those influences are negative (aggressive driving, lack of respect for the environment or other people). Those of us who have lived here for a while can only be "positive role models" in an attempt to "advocate" for the great flood of incomers. Law enforcement is also needed to maintain the boundaries of common decency & friendliness that Homer is known for. We need to pull together to keep our town safe, enjoyable, and healthy. Corruption in it's many forms is a very real threat right now.	12/28/2015 12:23 PM
28	Need more housing options for low income. We need counseling options for domestic violence survivors & perpetrators	12/28/2015 12:09 PM
29	Thanks for the mailing!	12/28/2015 11:57 AM
30	I just want us to work, play, & share together in all that is good and all that is challenging.	12/28/2015 11:29 AM
31	Would like to see more walkable/cyclable community with roundabouts instead of stoplights.	12/28/2015 11:13 AM
32	Why didn't you include this in the expensive mail out?	12/28/2015 11:03 AM
33	Good place to live.	12/28/2015 10:51 AM
34	This community would benefit from increasing accessibility for those of us with mobility limitations.	12/28/2015 10:28 AM
35	Protecting our environment is my priority. We can sell trees and halibut, but money will not put them back. Restricting "development" to what really serves the community is part of keeping the quality of human and natural world that makes life here special.	12/25/2015 4:55 PM
36	No. Thank you.	12/23/2015 6:13 PM
37	Survey does not fit Seldovia well. Problem is more complex than this.	12/23/2015 11:05 AM
38	another problem is prescription drug abuse, seems like so doctors in the community write too many narcotic prescriptions, leads to dependence..more community awareness needs to happen on risks and side effects and alternatives to potent habit forming narcotics	12/22/2015 8:42 AM

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39	Your mailing was impressive & I am grateful for your efforts in our community. I have lived here a long time and wish to continue to.	12/21/2015 12:46 PM
40	This community restricts growth & therefore in a sense forces people to go out of town for groceries & such!	12/21/2015 12:36 PM
41	Alcohol and drug abuse resources are sorely needed in this community. If they are available no one really knows about them.	12/19/2015 5:14 PM
42	Would be great to have a Headstart in the Ninilkchik area or a title 1 preschool.	12/18/2015 3:56 PM
43	Thank you for the survey to give input.	12/18/2015 3:30 PM
44	People need more opportunities for jobs.	12/18/2015 2:40 PM
45	The community has been good to me, there are a lot of help to me. Thank you.	12/18/2015 2:38 PM
46	Thank you for all that you are doing - the sent materials were great. I especially am happy to see info on ACEs - would like more.	12/17/2015 4:39 PM
47	I feel very connected with my community and I found it fascinating that the three factors which I feel affect my family's health the most do not align with the three factors that I perceive to be the most pertinent issues for the community. I sometimes wonder if we are far less connected than I believe us to be. There are resources for all of the issues listed above (substance use, behavioral health, housing, job training, education, recreation, arts....) and we have AMAZING non-profit and volunteer support but because our population base is relatively small if someone doesn't like their relatively limited options then they may not utilize what is available. I don't know what the answer is, I just think it might be a factor and something worth considering - that the established system, despite good intentions and historical investment is not effective.	12/17/2015 2:29 PM
48	I believe there is a lack for healthy options for teens. There is a great deal of substance use and social pressures in the teen population in Homer	12/17/2015 9:40 AM
49	I still have concerns related to police/trooper oversight and lack of management dealing with drug abuse and crime.	12/16/2015 10:48 AM
50	I work in healthcare. Substance abuse is the greatest challenge we have. It is draining our resources and we are not making any progress.	12/16/2015 8:21 AM
51	outdoors/activities club for single adults in community who seek to meet others in a healthy, safe environment.	12/16/2015 1:01 AM
52	We need to start taking care of our youth in this town, give them more to do before they turn to drugs.	12/15/2015 2:30 PM
53	continued 'race' identification will always be a dividing factor in any community.	12/15/2015 10:10 AM
54	Wish that the ER doctor(s) would listen to the c/o and not allow their ego to dictate treatment.	12/14/2015 7:46 PM
55	In my opinion and I have heard others in the community speak that Homer and the surrounding areas has a huge drug and alcohol problem that remains unaddressed which leads to other problems. Our schools (the people running the schools as well as the children) need education and ways to make healthy decisions.	12/14/2015 1:21 PM
56	After you pass the pre employment drug screening at South Peninsula Hospital they don't ever test you again. If you ask most staff members if they should do random drug testing they respond that you would lose 30%-50% of your staff. That is scary and disgusting. If you or your loved one needs medical care do you want an impaired drug user providing that care? I don't.	12/14/2015 12:36 PM
57	Is ANYONE anywhere listening? No one can live for 15 years on just \$1095 per month, without housing asst, with food stamps for about 13 days, not 30! Honestly? I understand now why poor people have such high rates of substance abuse: they have no future, they know it and so, they hide reality with drugs and booze. Makes sense to me! If it is inevitable, or feels that way, that you CANNOT get ahead in the world, if you cannot even save a dime cause every dime you earn goes to rent and food, and not much else ... of course you are going to hide the misery. Being poor is NOT the same thing as being broke, and VERY few people who are NOT poor understand this. I did not until I became poor. I lost all my friends due to my economic situation; it's not just the fact that I could no longer keep up and go with them as I used to, it's almost as if poverty were contagious. They were embarrassed by my poverty! And afraid of it .. with damn good cause. Once you reach a certain age, if you have nothing left after illness, you simply have NOTHING left except perhaps your smile and good heart. Now, I have lost those too. I never imagined I would soon be turning 60 and living in 2 rooms, battling the cold in order to save on fuel, and eating oatmeal for breakfast AND dinner 4 times a week and going hungry the rest of the time! I came from an upper middle class home: Mom was a CPA, Dad was an attorney. My childhood home is worth nearly	12/14/2015 12:38 AM
58	Encourage Homer Electrical Association to install and promote renewables as quickly as possible so that the cost of energy in our community can be reliably low. Thanks for asking. More funding for NGO's, arts, schools. Lower cost of government with tech solutions. More collaboration among NGO's outside of their silos.	12/13/2015 6:45 PM
59	Part of the working poor. Income limits need to be raised for benefits and no waiting period when getting laid off.	12/12/2015 2:02 PM

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60	Insurance options would be very helpful. And an air of EVERYONE who works with our diverse population to treat the people we work with with respect.	12/10/2015 5:33 PM
61	Don't waste money on glossy flyers--the last one went in the trash!!!	12/9/2015 1:06 PM
62	Keep educating the public on issues impacting the community.	12/9/2015 12:42 PM
63	1. Healthcare costs in AK are not affordable at all. 2. More economic opportunities in Homer area.	12/9/2015 12:40 PM
64	Love the rink	12/9/2015 11:54 AM
65	Tired of surveys, just do it.	12/9/2015 11:43 AM
66	Young people have no future here. Only those who can get grant money or have government type positions can live here. Drugs are everywhere. Desperation drives bad behavior.	12/9/2015 11:33 AM
67	We have a major problem in the community with meth & heroin.	12/9/2015 11:30 AM
68	We need more public transit & walking/biking support	12/9/2015 10:23 AM
69	The high school is negligent in the drug problem. It might be helpful if mandatory class is taught at high school about teenage brain & pot	12/8/2015 8:56 PM
70	We try to be a generous and quality community. Not bad for the "end of the road."	12/8/2015 8:42 PM
71	Teens could use more advocacy when it comes to being involved in the community.	12/8/2015 8:01 PM
72	Please help us with marketplace/healthcare subsidy issues. No one properly trained in town to help with complex self employment (Like many in Homer are)	12/8/2015 7:58 PM
73	There is a huge drug problem	12/8/2015 7:49 PM
74	#3 was worded poorly, hard to understand.	12/8/2015 7:47 PM
75	Maybe Donald Trump could ban the sun from getting too low in the sky.	12/8/2015 7:44 PM
76	Small town with small town issues but the people here always have a moment to help someone who needs it.	12/8/2015 10:01 AM
77	Please help women stop being abused by men, and then the men getting released.	12/8/2015 9:48 AM
78	More jobs need to be available.	12/8/2015 9:45 AM
79	Privatize the real estate on the spit so we have year round jobs. City of Homer owns 97% of the commercial real estate.	12/8/2015 9:42 AM
80	Natural beauty, quiet lifestyle, healthy environment, loving and respectful community are what make Homer precious. We cannot afford too much "development." We need to invite newcomers into this culture if we are to continue creating the fun and warmth, keeping the natural beauty. It's not just about grabbing the biggest fish.	12/8/2015 7:17 AM
81	I believe this community is on the right tract, except Alaska has prohibitive healthcare costs	12/7/2015 10:30 AM
82	nice survey.	12/1/2015 3:36 PM
83	thanks for asking. I hope you will get input from people who don't have access to all the wonderful things of our community. We have lost alot of services for people who are struggling.	12/1/2015 10:02 AM
84	Health ins deductible is climbing. Need great care for roads during winter.	11/30/2015 7:48 AM
85	We are mandated to have health insurance, so question 14 is an unfair question.	11/29/2015 10:03 PM
86	It would be good if you define the choice options in questions 1 and 2. Some meanings are ambiguous "healthy lifestyle options", "behavioral health".	11/29/2015 9:04 PM
87	I'd like our community and its members to actually engage more with people and families in poverty to help improve their lives in the ways that they want and need.	11/29/2015 7:57 PM
88	Narrowing down to 3 aspects of strength that I feel This community has was VERY difficult. Homer has so many strengths. I am very concerned about alcohol and drug abuse.	11/29/2015 7:09 PM
89	yes this questionnaire seems ignorant of math disabilities -that people could not no their income and that some people haven't graduated grammar school, also there is not near enough education/awareness in the community of narcissistic personality disorder and its wide range affects on history - world leaders, and every thing from business and food ethics to sex in all cultures	11/26/2015 9:06 AM

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90	Homer needs a Fitness club with more diversity and doesn't cost a fortune. Homer also needs to get over the "big box store" issue. We need a place to buy decent healthy food and family clothing that isn't name brand, expensive or used. We all travel North to shop now anyway or get online, we would be better off to let Walmart come in for the employment opportunity and keep people in town shopping.	11/20/2015 9:37 AM
91	If the drug and alcohol problems in the area do not improve, we plan to move away in 4 years before our youngest begins school.	11/19/2015 10:38 AM
92	We need a gym or health center that can cater to the working and single mom. Childcare is nonexistent in many options. A ton of families in the community are on a part time single parent basis and it would behoove the community to understand that those people need help with their kids to be active and healthy.	11/19/2015 7:30 AM
93	The high cost of healthcare is a major issue, lack of urgent care specifically forces folks to use ER which is not the best option. The increasing ownership by the hospital of outpatient services is raising costs.	11/17/2015 11:55 AM
94	I think the economic health of the town is causing more stress on the individuals and leading to a downward spiral of poor mental/physical health. Nice town with small town problems.	11/16/2015 1:48 PM
95	I'm frequently & increasingly frustrated with the lack of work ethic that so many complaining about our community & their economic growth or lack there of. There are a lot of great jobs here that many frankly don't want to do bc of willingness to commit, or if they do commit, have a hard time living up to those commitments	11/12/2015 7:35 PM
96	MAPP rocks. Homer is moving in the right direction, keep up the momentum!!!	11/12/2015 10:33 AM
97	thank you for MAPP!	11/12/2015 7:36 AM
98	We need a multi-use, year round community center where many community activities can take place while using it for special events (conferences, weddings, etc). This place would be the stage for many proactive family resiliency factors why stimulating the local economy. Lets focus on preventive measures by creating real afford & accessible healthy options/opportunities that allows the self to pursue and acheive and not the reactive, social service programs which relies on many others.	11/12/2015 7:33 AM
99	Thank you for aligning so many agencies on the critical issues	11/11/2015 10:27 PM
100	Fun fair... keep doing it, lots of good info and keeps getting better.	11/11/2015 10:24 PM
101	Mental health & substance abuse are huge issues in our community, borough, state & nation. How can we, acting locally, be more proactive & responsive?	11/11/2015 10:22 PM
102	Thanks for your contribution to making Homer a better place to live	11/11/2015 10:17 PM
103	Insurance is not affordable or useful.	11/11/2015 3:03 PM
104	Our community makes it way too easy on people who choose not to work. We need less money spent on handout programs and more on police/fire (just one example)	11/11/2015 2:32 PM
105	We need a community center at the HERC building!	11/11/2015 2:14 PM
106	Healthcare costs are outrageous	11/11/2015 2:11 PM
107	I suggest more more education/outreach in our schools. The positive influences & awareness of negative issues that we face in our community can be a huge impact if we start with our youth!	11/11/2015 2:10 PM
108	It would be great to get information into the hands of people who seem to be clueless about all that happens in the community. With 2 newspapers, KBBI, & other sources of info, there's really no excuse. It's frustrating that people don't take responsibility for knowing what's going on.	11/11/2015 2:04 PM
109	better support for the youth - real life experiences to support learning	11/11/2015 1:55 PM
110	Thanks for what you do.	11/11/2015 1:47 PM
111	Mental health services. The center is not adequate. More services for children of drug addict parents that are homeless.	11/11/2015 1:43 PM
112	Marijuana issue needs to be planned where, when, how not assume everyone is for it - protection for those who are not for it.	11/11/2015 1:40 PM
113	Happy to have so many providers	11/11/2015 1:30 PM
114	I love where I live & the people who live here with me.	11/11/2015 1:28 PM
115	We need to build our economic base to support new jobs and our existing service economy.	11/10/2015 4:23 PM
116	Toxic black mold is a huge concern due to the poor construction techniques employed here in Homers cold wet winters & falls. It is in the surrounding environment and definitely found in poorly ventilated structures.	11/10/2015 11:39 AM

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117	Businesses need to be respectful or more willing to hire disabled individuals.	11/10/2015 11:32 AM
118	Would be nice to have boys & girls club open back up for working parents. More childcare options for older children.	11/10/2015 11:00 AM
119	Free healthcare clinics & home visit healthcare for all	11/10/2015 10:53 AM
120	Safe, low cost place for people to walk - no matter the weather	11/10/2015 9:47 AM
121	Need a dermatologist	11/10/2015 9:32 AM
122	This questionnaire is much too long for the health fair.	11/10/2015 9:19 AM
123	Focus on the problem of heroin addiction	11/10/2015 9:14 AM
124	The attitudes of the youth & some adults around substance abuse, sexual abuse, & bullying is shameful. The attitude about drugs in high school is worse.	11/9/2015 4:29 PM
125	We need more trails in town. I'm sorry Homer has not bought land for it like for East End up to Skyline	11/9/2015 4:24 PM
126	We need universal healthcare, single payer	11/9/2015 3:53 PM
127	We need to continue to look at the services we have and how best to pay for them. Recreation for all through the winter months is a necessity!	11/9/2015 2:06 PM
128	Need more diverse recreational/tourism opportunities (not all hunt / fish)	11/9/2015 2:04 PM
129	Very poor area for economic activity. Many people from outer areas simply don't want to do business or own property in Homer.	11/9/2015 12:16 PM
130	(picture of heart)	11/9/2015 10:10 AM
131	Would like to see more systematic shifts in the school, city, & organizational climates & policies to support individuals in better addressing their individual well-being	11/5/2015 1:25 PM

Appendix B: Prioritization Score Sheets

Perceptions of Community Health Survey Theme Rankings

Theme	#	Q1	Q2	Q3 - Family	Q3 - Comm	TOTAL
Jobs & Econ Opps	1		5			5
Public Transportation	2		4			4
Substance Abuse & Treatment	3		3		5	8
Access to Job Training & Higher	4		1	3	1	5
	5					
	6					
	7					
	8					
	9					
	10	3				3
People Help Each other	11	4				4
Natural Beauty	12	5				5
	13					
	14					
	15		2			2
	16					
	17					
	18	2				2
	19	1				1
Behavioral Health & Services	20			1	3	4
	21					
	22					
	23					
Environmental Health	24			4		4
	25					
	26					
	27					
	28					
	29					
Public Safety	30				4	4
Economic Health	31			2	2	4
	32					
	33					
	34					
	35					
	36					
	37					
	38					
	39					
	40					
	41					
Physical Health	42			5		5

Wellness Dimension Discussion Rankings

Theme	#	Cultural Strength	Cultural Challenge	Econ Strength	Econ Challenge	Educa Strength	Educa Challenge	Emotional Strength	Emotional Challenge	Enviro Strength	Enviro Challenge	Physical Strength	Physical Challenge	Social Strength	Social Challenge	Spiritual Strength	Spiritual Challenge	TOTAL
Jobs & Econ Opps	1			3	3				1						1			8
Public Transportation	2						1		1						1			4
Substance Abuse & Treatment	3								1						1			2
Access to Job Training & Higher Education	4				1	1	1											3
	5						1		1									2
	6						1		1			1	1					4
	7																	0
Cultural Diversity	8	2	2			1	1	2										8
Respect for Varied Viewpts	9	2	1			1	1	1	1	2	2			1	1	1	3	13
	10	2						1								1		4
People Help Each other	11													2		1	2	5
Natural Beauty	12					1		1		1		1				1		5
	13		1	1				1										3
	14							1								2		3
	15				1				1							2		2
	16																	0
	17													1				1
	18					1		1			1							3
	19							1		1		1			1	2		6
Behavioral Health & Services	20						1		2					1				7
	21						1		1					1				4
	22						1									1		1
	23							1		1		1				2	1	6
Environmental Health	24										3							3
	25							1		1		1		1		1		5
	26																	0
	27		1				1			1	1			1	1	1		7
	28																	0
Sustainability	29		1	4	1		1			2	3		1	1	1		1	15
Public Safety	30								1						2			3
Economic Health	31		1	5	3		1		2		1		2	2			1	18
	32												1					1
	33					1						1		1				3
	34						1		2			1						4
	35						2			1		1						4
	36						1							1				2
Social Connections	37		1			1	1	1	1					1	2		2	9
	38		1											1	1	1		4
	39					1		1								1		3
Built Environment	40				1								2	1	1	1	3	9
	41				2		1				1							4
Physical Health	42							1									1	2