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Family Protective Factors and Collective Impact Conditions

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# The Five Protective Factors of Family Well-Being

1. **Family Cohesion and Supportive Relationships**
   * Warm, cohesive family interaction pattern, cooperation, mutual support and commitment to tackle crises together
   * Positive family environment with low discord between parents
   * Parental warmth, assistance, and belief in the child
   * Close relationships with caring, competent, and supportive adult
2. **Role Models**
   * Adults who role model healthy relationships and behavior
   * Caregivers/Adults with protective factors
3. **Networks and Social Support**
   * Relationships with extended family members and others
   * Interpersonal interactions within the family’s social network, including extended family, that provides emotional support, tangible help or info
   * Connections to pro-social and rule-abiding peers
4. **Health**
   * Family members that are physically and mentally well
   * Health promotion
5. **Stability**
   * Stable living environment
   * Adequate income and housing
   * Postsecondary education of parents
   * Authoritative parenting: high on warmth, structure and expectations

**5 Components of Collective Impact**

1. **Common Agenda** 
   * All participants have a shared vision for change including a common understanding of the problem and a joint approach to solving it through agreed upon actions.
2. **Shared Measurement** 
   * Collecting data and measuring results consistently across all participants ensures efforts remain aligned and participants hold each other accountable.
3. **Mutually Reinforcing Activities**
   * Participant activities must be differentiated while still being coordinated through a mutually reinforcing plan of action.
4. **Continuous Communication** 
   * Consistent and open communication is needed across the many players to build trust, assure mutual objectives, and appreciate common motivation
5. **Backbone Support** 
   * Creating and managing collective impact requires a separate organization(s) with staff and a specific set of skills to serve as the backbone for the entire initiative and coordinate participating organizations and agencies