

IMAGINE

A COMMUNITY taking charge of health issues together.

A COMMUNITY that defines health so broadly that it includes not only physical and mental health, but cultural, economic, educational, environmental, and spiritual health.

ALL ORGANIZATIONS, community members and different disciplines truly collaborating to focus on the same issue.

Help Us Build A Healthy Community

GET INVOLVED

CONTRIBUTE time, data, or stories for MAPP priority issue areas

PARTICIPATE in workgroups or collaborative projects

VISIT our website

>>Stay informed of our progress

>>Sign up for our email newsletter

Can We Be Better?

Working Together Expands Our Results



YES! MAPP brings us together to connect the community and build individual, family, and community resilience.

OUR VISION is a

**Proactive,
Resilient &
Innovative
Community**



Spearheaded by South Peninsula Hospital in 2008, MAPP of the Southern Kenai Peninsula is a coalition of local agencies, organizations and individuals working together to improve community health. MAPP is led by a community-wide steering committee which defines health broadly to include not only physical and mental health, but also cultural, economic, educational, environmental, and spiritual health. The goal of MAPP is to help identify opportunities for community health improvement and serve as a catalyst for community action.

The coalition provides backbone support for collective community action through the following activities:

CONDUCT ongoing Community Health Needs Assessments (CHNAs) to provide information about emerging health issues and opportunities

CONVENE community conversations to discuss the findings of the CHNAs

FACILITATE community consensus around a shared vision for community well-being

FOSTER connection between related organizations and events

ENGAGE multiple sectors of the community to identify opportunities for collective action on prioritized well-being issues

MOBILIZE community to take action on prioritized issues and develop Community Health Improvement Plans (CHIP)

MONITOR and outreach progress on shared community measures

ORGANIZE and promote educational opportunities that build community capacity

CELEBRATE collaborative work already underway that is improving community health














MAPP's CURRENT FOCUS

Whether we live alone or with a full household, we all have family in those we love, care for, or connect with. Presently, MAPP's focus is on increasing family well-being and resiliency. MAPP aligns the numerous community partnerships around this shared focus, specifically the **FIVE FAMILY RESILIENCY FACTORS** below.

A Healthy Community Begins With **YOU**

What Role Could YOU Play In Improving Family Well-Being?

Factors that Promote Resiliency

INDIVIDUAL	FAMILY	COMMUNITY
 <p>Temperament Individual temperament or sense of humor</p>	 <p>Mastery Opportunities to experience mastery</p>	 <p>Access to Services Basic needs, advocacy, health</p>
 <p>Expressions Opportunities to express feelings through words, music, etc.</p>	 <p>Culture Strong cultural identity</p>	 <p>School Positive school climate & supports</p>
 <p>Conflict Resolution Development of conflict resolution and relaxation techniques</p>	 <p>Relationships Ability to form relationships with peers</p>	 <p>Mentors Role models and mentors, i.e. coach faith leaders</p>
 <p>Understanding Ability to make sense of their experiences</p>	 <p>Supportive Relationships Positive child-caregiver relationships</p>	 <p>Neighborhood Cohesion Safe and connected communities.</p>
	 <p>Stability Stable living environments.</p>	

Adapted with permission from Futures Without Violence.

Creating a Connected Community

