

MAPP Vulnerable Populations & Education Committee

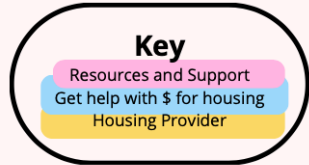
Wednesday, May 1st, 2024 1:00 – 2:30pm
Via In-Person & Zoom


Present In-Person: Brian, Hannah, Abby,
Present via Zoom: Conner, Nona, Mary, Jane, Foot
Notetaker: Mary Darbonne

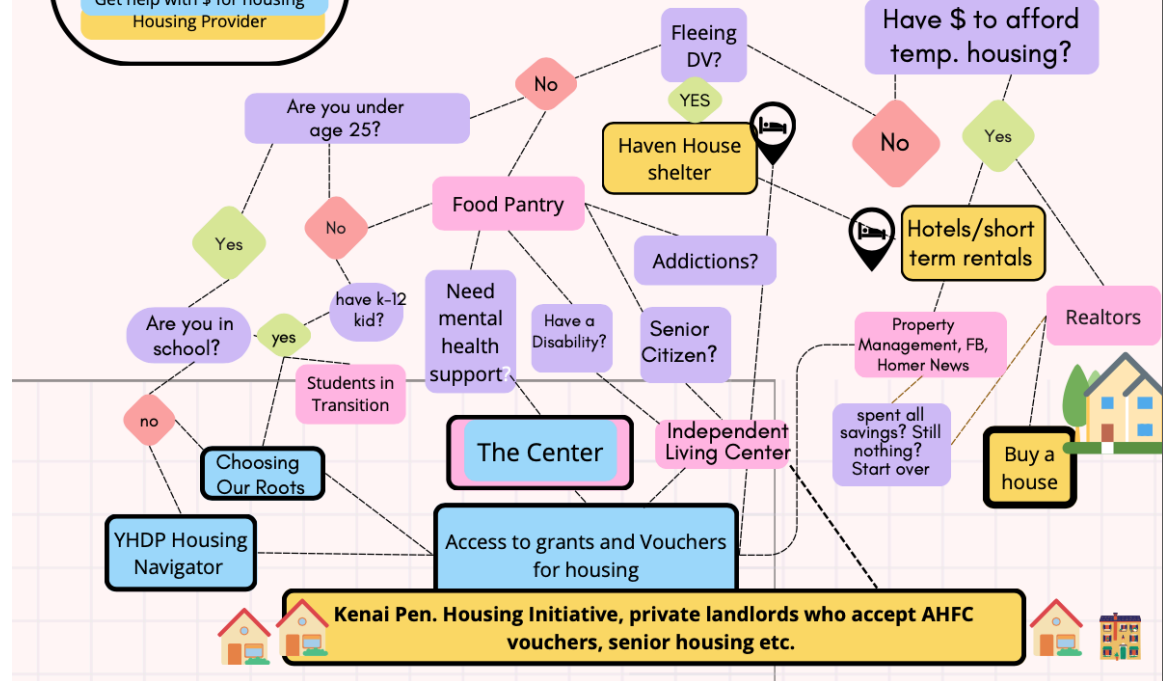
TIME	TOPIC	DISCUSSION	ACTION
1:00-1:15	<p>Welcome, Intros & Agreements</p>	<p>**No MAPP Housing workgroup in May - will reconvene in June</p> <p>Welcome & Intros</p> <ul style="list-style-type: none"> - Abby - SPBHS youth housing and homelessness - Brian - MAPP SC, KBC, Board of SPBHS, - Hannah - Coalition coordinator - Nona - Serves on Alaska commission on aging, statewide independent living council, Represents people w/ disabilities across the lifespan and vulnerable populations; - Jane - ILC - DDRRC advocate, TABI, and youth job training. Previous work in housing and homelessness - Mary - Elemental Consulting, previous work in Public Health - Conner - Owner of General contracting business, interested in coming up with creative housing solutions - Foot - YAB; Lived experience <p>*Group Agreements</p> <p>To help build trust and momentum, workgroup members commit to make their best efforts to:</p> <ul style="list-style-type: none"> ● Attend all scheduled meetings (in person or hybrid) ● Be prepared to participate fully in the workgroup sessions ● Honor that decisions will be made by consensus 	




		<ul style="list-style-type: none"> ● Hear, engage, and represent the community with humility ● Understand that solutions will be nuanced, multi-tiered, and may be imperfect ● Seek common ground 	
		-	-
2:00:-2:20	Roadmap/Resource Guide	- Examples of a “roadmaps” from previous efforts:	- Take today’s notes and build a skeleton framework

HOMER HOUSING ADVENTURE



NEED A PLACE TO LIVE? 



 **Kenai Pen. Housing Initiative, private landlords who accept AHFC vouchers, senior housing etc.**  



The Southern Kenai Peninsula Roadmap for Successful Treatment and Recovery from Substance Use Disorder



<p>ADDICTION</p> <p><i>Signs & Symptoms of Substance Addiction</i> May Include:</p> <ul style="list-style-type: none"> •The person takes the substance and cannot stop •Withdrawal Symptoms •Addiction continues despite health problem awareness •Social sacrifices •Taking risks •Needs drug to deal with problems 	<p>WITHDRAWAL MANAGEMENT</p> <p><i>Withdrawal Management (Detox):</i> Average 3-7 Days *</p> <p>Medical interventions to manage symptoms of withdrawal from substances. Withdrawal can be managed by a medical professional in an inpatient or outpatient setting depending on severity.</p>	<p>INTAKE ASSESSMENT</p> <p><i>Intake Assessment:</i> Same Day-2 Weeks*</p> <p>Substance Use and Behavioral Health Assessments/Evaluation with a clinician to determine the level of treatment needed for success.</p>	<p>RESIDENTIAL TREATMENT & SOBER LIVING</p> <p><i>Residential Treatment:</i> 1-6 months*</p> <p>Clinician recommendations may include longer-term residential treatment that provides 24 hour care in a non-hospital setting.</p> <p>Sober Living: Varies*</p> <p>Sober Living homes bridges the gap between residential treatment facilities & returning home. Sober living offers support in a drug and alcohol free environment.</p>	<p>OUTPATIENT TREATMENT</p> <p><i>Outpatient Treatment:</i> Varies*</p> <p>Outpatient treatment allows a person to remain at home during treatment. Outpatient treatment typically includes individual and group counselling sessions and is tailored to the individual's needs. Typically part of recovery after leaving a residential treatment facility.</p> <p>Medication Assisted Treatment: Varies *</p> <p>Treatment for opioid use disorder that combines behavioral therapy and medications.</p>	<p>ONGOING RECOVERY SERVICES</p> <p><i>Ongoing Recovery Support Services:</i> Ongoing*</p> <p>Services may vary but typically include support groups and 12-Step Programs such as Narcotics Anonymous, Alcoholics Anonymous.</p>
---	---	---	---	---	---

**Average length of time to complete the process*

<p>WITHDRAWAL MANAGEMENT</p> <p>Homer South Peninsula Hospital, Emergency Department 4300 Bartlett Street Homer AK 99603 (907) 235-8101</p> <p>Kachemak Bay Medical Withdrawal Management 4201 Bartlett Street Homer AK 99603 (907) 235-7000</p> <p>Ninilchik Ninilchik Traditional Council Community Clinic Outpatient Detox 15765 Kingsley Road Ninilchik AK 99639 (907) 567-3970</p> <p>Kenai Peninsula Care Transitions Withdrawal Management 245 N Binkley St. Soldotna, AK 99669 (907) 714-4521</p>	<p>INTAKE ASSESSMENT & OUTPATIENT TREATMENT</p> <p>Homer South Peninsula Behavioral Health Services (The Center) 3948 Ben Walters Lane Homer AK 99603 (907) 235-7701</p> <p>Kachemak Bay Medical Medication Assisted Treatment 4201 Bartlett Street Homer AK 99603 (907) 235-7000</p> <p>CICADA (Cook Inlet Council on Alcohol and Drug Abuse) 1230 Ocean Drive Homer AK 99603 (907) 235-8001</p> <p>Dr. Katie Ostrom, OBGYN Homer Medical Center (For Pregnant Women) 4136 Bartlett Street Homer, AK 99603 (907) 331-3311</p> <p>Ninilchik Ninilchik Traditional Council Community Clinic Medication Assisted Treatment 15765 Kingsley Road Ninilchik AK 99639</p>	<p>RESIDENTIAL TREATMENT</p> <p>Homer No residential treatment options available in Homer</p> <p>Kenai Peninsula Serenity House (907) 714-4521</p> <p>Anchorage Akeela House 1-800-478-7738</p> <p>Chris Kyle Patriots Hospital (Veterans) (907) 258-7575</p> <p>Dena A Coy (Pregnant women and women) (907) 729-5070</p> <p>Salvation Army Clithroe Center (907) 770-8812</p> <p>Juneau Rainforest Recovery Center (907) 796-8690</p> <p>Statewide Bed Availability for Substance Use Disorder http://bedcount.dhss.alaska.gov/BedCount/statewide.aspx?ProgramType=SRT</p>	<p>SOBER LIVING</p> <p>Homer No sober living facilities available in Homer</p> <p>Kenai Peninsula Central Peninsula Hospital Diamond Willow Long-Term Residential 245 N Binkley St. Soldotna, AK 99669 (907) 714-4521</p> <p>Freedom House Faith-Based Home for Women (907) 740-8018</p> <p>Nuk'it'un Sober Living Home for Men (907) 398-6935</p>	<p>ONGOING RECOVERY SERVICES</p> <p>24 Hour Mental Health Management: 911 South Peninsula Behavioral Health Services (The Center) Monday-Friday • 8:30am- (907) 235-7701</p> <p>South Peninsula Hospital After hours, holidays and ends: (907) 235-8101</p> <p>"The Exchange" Free Syringe Exchange & Disposal, Narcan Kits, HIV Hepatitis C Testing 1st & 3rd Tuesdays, 5pm-203 W. Pioneer Ave Homer, AK 99603 homerexchange@gmail.com</p> <p>Additional Resources Haven House Services and support for women & children (907) 235-7712</p> <p>Alcoholics Anonymous (907) 283-5722 www.aakenaipeninsula.org</p> <p>Ninilchik Narcotics Anonymous (907) 631-8912</p> <p>Safe Families for Children Hotline (907) 277-0925</p>
---	--	--	--	---

-
- **Discussion:**
 - The key in the housing adventure graphic is a helpful breakdown
 - Idea to separate “map” into groups of vulnerable populations
 - Use a “Tree Model” or “Estuary?”
 - Use this info to create website or app
 - “Homer Housing Hub”
 - Landlord Education
 - ADA compliant vs ADA accessible
 - Idea for Landlord “Yelp”
 - Tenant Union
 - ratethelandlord.org
 - Example given of Homer Senior and being threatened by Landlords who have the power but tenant has no say
 - https://law.alaska.gov/pdf/consumer/LandlordTenant_web.pdf
 - Idea to have a Staff member from City or Borough who tenants can report to and then have some follow-up. Recommendation to Borough Mayor.
 - Hoping to get a borough-wide “Housing Navigator”
 - Brainstorm of Potential “Vulnerable” Groups:
 - Youth

		<ul style="list-style-type: none"> - Elderly - Veterans <ul style="list-style-type: none"> - Looking for Tiny Homes - Living independently (acquire land) - Active military? - Edlers - Victims of DV - BIPOC - LGBTQ - Families - Pregnant/parenting folks - Brainstorm of Barriers: <ul style="list-style-type: none"> - Pet Ownership - Credit scores - Criminal history 	
1:30-2:00	Glossary/Terms	<p>https://docs.google.com/document/d/1rrQztRbrjJZcV7Vroi8EsSIsBraNbf_3pVF2GL6klCA/edit?usp=sharing</p> <p>Definitions Added: (see above document)</p> <p>Discussion:</p> <ul style="list-style-type: none"> - Add sources or note where definitions come from so that people know where info is coming from 	<ul style="list-style-type: none"> - Create a resource document and a definition document

<p>2:20-2:30</p>	<p>Closing, Date & Agenda for next meeting</p>	<p>Schedule Recurring Date/Time:</p> <ul style="list-style-type: none"> - Wednesday, May 15th 12-1:30p <p>Next Agenda:</p> <ul style="list-style-type: none"> - Continue to work on live documents before next meeting <p>Brainstorm for Upcoming Presentations:</p> <ul style="list-style-type: none"> - Community Resource Connect - Low income housing person (Jake?) - 	<ul style="list-style-type: none"> - Share out work via Google Docs
	<p>Zoom Chat</p>	<p>13:11:35 From Foot (they/them) Youth Alaska Action Board to Everyone: Was there a prompt about our names?</p> <p>13:11:52 From Hannah Gustafson to Everyone: Yes</p> <p>13:14:09 From Foot (they/them) Youth Alaska Action Board to Everyone: It looks good Connor</p> <p>13:23:10 From Foot (they/them) Youth Alaska Action Board to Everyone: My brain feels full of information from a crazy week. I'm very present but downloading everyone's words at half capacity right now.</p> <p>13:24:13 From Mary Darbonne to Everyone: Replying to "My brain feels full ..."</p> <p>I feel you!!</p> <p>13:26:56 From Foot (they/them) Youth Alaska Action Board to Everyone:</p>	

Wow cool graphic. I couldn't see at first

13:28:47 From Foot (they/them) Youth Alaska Action Board to Everyone:

Replying to "My brain feels full ..."

It's beautifully done but a bit chaotic

13:28:56 From Foot (they/them) Youth Alaska Action Board to Everyone:

Replying to "My brain feels full ..."

Which reflects the reality of housing

13:29:00 From Foot (they/them) Youth Alaska Action Board to Everyone:

Replying to "My brain feels full ..."

Lol agreed

13:31:58 From Foot (they/them) Youth Alaska Action Board to Everyone:

You could maybe add one more key of purple/ question, red/no, green/yes

13:32:10 From Foot (they/them) Youth Alaska Action Board to Everyone:

Even though its obvious the key is very helpful

13:48:00 From Foot (they/them) Youth Alaska Action Board to Everyone:

Definitely

13:51:14 From Foot (they/them) Youth Alaska Action Board to Everyone:

Tenant protection!

13:52:08 From Jane to Everyone:

ratethelandlord.org

13:52:17 From Jane to Everyone:

ratethelandlord.org

13:55:51 From Foot (they/them) Youth Alaska Action Board to Everyone:

Alaska State Commission for Human Rights

800 A Street, Suite 204 Anchorage,AK 99501-3669

Phone: (907) 274-4692

Fax: (907) 278-8588

Complaint Hot Line: (800) 478-4692 (toll free) TTY/TDD: (800) 478-3177 (toll free) Website: www.humanrights.alaska.gov

Anchorage Equal Rights Commission

632 W. 6th Avenue, Suite 110 Anchorage,AK 99501

Phone: (907) 343-4342 TTY/TDD: (907) 343-4894

Fax: (907) 249-7328

Website: www.muni.org/departments/aerc

U. S. Department of Housing and Urban Development

3000 C Street, Suite 401 Anchorage,AK 99503 Phone: (907) 677-9800

TTY: (907) 677-9825 Website: www.hud.gov/complaints/

13:56:07 From Foot (they/them) Youth Alaska Action Board to Everyone:

https://law.alaska.gov/pdf/consumer/LandlordTenant_web.pdf

13:56:24 From Foot (they/them) Youth Alaska Action Board to Everyone:

Document I found

13:56:48 From Mary Darbonne to Everyone:

Reacted to "<https://law.alaska.g...>" with ❤️

14:02:54 From Foot (they/them) Youth Alaska Action Board to Everyone:

Right there's a lot of diff housing programs in the homeless world/ service provider realm as well

14:17:24 From Foot (they/them) Youth Alaska Action Board to Everyone:

SNHG Special Needs Housing Grant ? I think

14:17:42 From Foot (they/them) Youth Alaska Action Board to Everyone:

But those seem at capacity like every where but Abby would be more familiar on the actual usage of them

14:20:42 From nona safra to Everyone:

I have to go

14:25:37 From Foot (they/them) Youth Alaska Action Board to Everyone:

Thanks.